

THE BONAVENTURE BUZZ

YOUR QUARTERLY RESOURCE FOR INDIVIDUALS, SUPPORT TEAM MEMBERS AND FAMILIES OF BONAVENTURE SUPPORT SERVICES

FROM THE DESK OF CHRISTY SUDYKO, EXECUTIVE DIRECTOR CHRISTY@BONAVENTURESUPPORT.COM

In our recent review of our Accessibility Plan, one of BSS goals was to create a more user friendly, accessible website, encouraging those we support to utilize the website to access resources, and events and share our quarterly newsletters and the Bonaventure Buzz!

New website menu features:

- What's Going on- Rec/Comm Calendar
- Your Rights
- Accessibility Form
- Complaints form
- Resources
- The Bonaventure Buzz

After much anticipation, planning and preparing, a survey team from CARF International will be visiting programs and evaluating services on **March 21-23**, **2023**. On a personal note, I'm excited to show and share all the hard work everyone has done over the last few years and especially proud of all the individuals we support. This will be a time to celebrate achievements, share the growth and changes we have accomplished together as a team, where we all are *dedicated to common-unity holding space where people are empowered*.



We are very pleased to introduce our new HR Manager, FERANMI SOYEGE!

Feranmi is a Communications and Human Resources Specialist who holds a BSc and MSc in Media and Communication Studies from Babcock University. She is currently rounding up her MBA in Human Resource Management from Vancouver Island University. Feranmi's eight years of academic experience combined with her 5-year work experience in HR has equipped her with skills to help organizations be and have the best. Her areas of expertise include digital media, employee relations, recruitment, selection, and onboarding processes. Outside of work, Feranmi enjoys travelling and going on movie dates with family.

Feranmi can be reached at <u>hr@bonaventuresupport.com</u> or by calling Head Office: 250-585-1437 Ext. 104

HEART MONTH

A huge thank you to Sarah and Khya for another very successful Heart Month! From our Bake Off to the Cold Water Plunge and Forest Bathing, everyone had a great time@ Plans are already underway for next year's Heart Month event!!

Weekly Employee Appreciation Draws:

Week 1 – Outdoor Lounging: Rhianna @ Quarterway and Rebecca @ Southside CI

Week 2 – Cozy Night In: Scott @ Horizon and Jen @ Southside CI

Week 3 - Breze Salon & Spa: Kristy @ Beacon and Naythan @ Southside CI

Week 4 – Yoga Kit: Daryl @ Mariner and Lisa @ Parksville CI

Bake-Off Winners:

Presentation – Martin @ Ross Creativity – Parksville Cl Taste – Shawn @ Mariner Made with Love – Sarah @ Head Office

R&R Get-Away to Kingfisher Oceanside Resort & Spa Griffin @ Horizon

BAKE OFF!



COLD WATER PLUNGE @ TRANSFER BEACH













FOREST BATHING @ MORRELL SANCTUARY



COMMUNITY INCLUSION PROGRAMS

Sasha Bazíjanec - Director of Community Inclusion <u>outreach@bonaventuresupport.com</u>

There has been a couple of operational changes in CI. First off, we would like to thank Antoinette for her support and impact she has made with the Southside Inclusion. She has really made the program a second home for her individuals with her touches as a manager. With that being said, Antoinette's position has shifted, and she will be solely working in employment, and recruitment and retention. We can not wait to see what she does with this program! She can be reached at: employment@bonaventuresupport.com

We would like to give Chelsea, a warm welcome back from maternity leave. Chelsea is our very own Sexual Health Educator, and Employment Specialist. Chelsea will be working closely with Antoinette to grow our employment program. Chelsea made a huge impact on Bonaventure before she left, and we are all thrilled to have her back.

Parksville is hosting an easter event at Foster Park 11-4pm on April 6th. Please RSVP at <u>pvoutreach@bonaventuresupport.com</u>.

SOUTHSIDE COMMUNITY INCLUSION

Hello! My name is **Brayden Torrie**, and I have recently taken over the role of Southside Community Inclusion Manager (Bonaventure Support Services). I will be transitioning into the leadership role over the course of the next month. I've been with the company for 4.5 years. I started out as a Community Support worker doing 1 on 1 support. Over the past year I've taken over the roll as recreation coordinator for Bonaventure. I'd like to thank Antoinette and the Southside team for the warm welcome. I look forward to hearing from you and working together in the future.



We would like to acknowledge Naythan Vogt for 5 years of service to the company coming up on April 13^{th} , 2023 \bigcirc Naythan shares this anniversary with Antoinette Janzen, Employment Coordinator! As well, congratulations are due to Sasha, having just reached her 5 years on

COMMUNITY HOUSING PROGRAMS

March 3rd! We thank you all for your continued service and support of our individuals!

Rachel Rahier - Director of Community Housing <u>housing@bonaventuresupport.com</u>

The Cove - Lots of new faces around The Cove both with new Team Members and a new Individual moving in so everything has been busy busy. Everyone is looking forward to some sunny weather and much needed old fashioned Vitamin D. **Jen** has moved from Manager to frontline casual and wants to thank everyone for the amazing years at Bonaventure. Big shout out to **Meghan** for keep things afloat while we wait for the new Manager to join, she has really gone above and beyond. **Ifeoma** has settled into her line nicely and **Eldoo** has hit the floor running. Big thank you to the casuals (both 24's and hourly) that have been filling most of the shifts you are all amazing!

Horizon - Horizon has turned into a calm and collective program both Individuals are doing amazing, MH is working full time with his brother and IH has now started a T shirt business putting his own artwork onto t shirts. Big shout out to my whole Horizon team, without my team our house would not be in such a relaxed state.

Quarterway Place - I would like to give a shout out to my ENTIRE team! Their reliability, humor, person centered approach, kindness, collaboration, teamwork and advocacy blow my mind! I am SO grateful for the exceptional team we currently have! All four of our individuals are as healthy as ever due to their diligence, compassion, and consistency!

Ross Place - Shout out to Ross Team Members - **Martin de Guzman** for ongoing amazingness preparing food and baking for Ross Place individuals. (And does great support work, too.) **Obinna Okoye** for taking on the role of JHSC rep and embracing this big responsibility admirably. (And does great support work, too.) **Justin Nystrom** got an adorable new puppy (Isla) and brings her the program so everyone enjoys! (And does great support work, too.) **Travis Carey** and **Shea Mullens** both continue to excel at keeping Ross Place safe and sound overnight, consistently and reliably! (And do great support work, too.) **David Salmon** continues to doodle and scrawl disturbing pictures in his spare time and shares them with anyone who enters the Ross office. (And does great support work, too.)

Something exceptional: **Martin de Guzman** entered his delicious Polish papal cream cakes and mango tiramisu into the BSS baking competition and won the Presentation prize for the tiramisu!

URF

JOINT HEALTH AND SAFETY COMMITTEE



"Making Bonaventure a safe place to support."

To learn more, review programs JH&S Board

JH&S Members Activities for Health & Wellness:

- Spend time in the garden. Planting and maintaining the garden provides a feeling of accomplishment and bountiful rewards.
- ✓ Kayaking or canoeing, it's great exercise and great to be away from the noises of town.
- ✓ Get cooking/baking! Making a favorite recipe is a nice and tasty way to de-stress.
- ✓ Spring is coming, get out and enjoy the fresh air!

March Competency Prize Draw!

Enter for a chance to win a Bonaventure Hoodie!!

This month we will draw three winners from employees who have the completed *Trauma of Abandonment* competency quiz in March.



Please drop off your teams Trauma of Abandonment quizzes to head office by end of day April 10th to be entered into the draw.

The winner will be drawn by the JH&S Committee Co-Chairs.

RECREATION FUN



UPCOMING TRAININGS



With CARF happening this month we have decided to push our next SIVA Training session into April 2023 – for those that have not yet been to SIVA or are due for a recertification, please keep an eye out for an email with all the details!

Bonaventure 101

Our next Bonaventure 101 is scheduled for Wednesday March 29th being held at our Barons Road Training Centre at 10am. Coffee, tea, snacks, and lunch are all provided! All new employees should have been contacted and we will fill in with existing team members!



INDIGENOUS PERSPECTIVES SOCIETY Centre of Excellence in Community Education

Indigenous Perspectives Society: Centre of Excellence in Community Education (IPS) offers Cultural Perspectives Training (CPT) to help governments, organizations, businesses and individuals deepen their understanding, increase cultural competence and develop actionable ideas to respond to the <u>Truth and</u> <u>Reconciliation Commission of Canada's Calls to Action</u> and the <u>United Nations Declaration on the Rights</u> <u>of Indigenous People.</u> IPS has a Corporate Supply Arrangement (CSA) for <u>Learning and Development</u> <u>Services</u> with the Province of British Columbia (CS-000917).

Bonaventure is hosting a cultural perspectives training designed to assist our team members:
Increase our knowledge of the history of Indigenous peoples to directly understand how history impacts current realities. This will include an overview of residential schools and colonization.
Increase the understanding of our role in providing cultural safety in the workplace.
Develop and understanding of privileges and stereotypes to assess our own practice and

assumption.

Develop tools to support implementation of the learnings.

Tuesday April 4th 9am – 4pm Beban Park Social Centre Rooms 7 & 8 2300 Bowen Road, Nanaimo BC

Upcoming Statutory Holidays

Good Friday – Friday April 7th, 2023 Victoria Day – Monday May 22nd, 2023

<u>Housing Employees:</u> Those working on Good Friday and Victoria Day will be paid time and a half for those days.

Inclusion Employees: We will be closed those days and if eligible, those will be your paid stat day.



BONAVENTURE SUPPORT SERVICES