



THE
BONAVENTURE
BUZZ

Empowering Potential, together!

Welcome to the Buzz for May 2026! This issue of the Bonaventure Buzz, our monthly newsletter, will highlight all the happenings within and around Bonaventure Support Services. This edition features many upcoming events, the May Art Program schedule, and reminders of important dates coming up along with the Recreation Schedule plus loads of other tidbits of information!

As always, we welcome your input on future editions of the Buzz including articles you've enjoyed, favorite recipes, personal milestones, and anything else you'd like to celebrate!

BONAVENTURE

Land Acknowledgement: "Bonaventure honors the rich heritage and traditions of the Coast Salish people, on whose lands we work, live, and play. We are committed to respecting and learning from the cultures that shape this land, as we strive to cultivate a community rooted in understanding and inclusivity."

From The Helm

Indigenous Perspectives

Next month, June, is National Indigenous History Month in Canada — a time to recognize the history, heritage, resilience, and diversity of First Nations, Inuit, and Métis Peoples. June 21st is National Indigenous Peoples Day, a day of celebration and reflection held on the summer solstice. This month is a reminder to listen, learn, and lead with respect — and to stay grounded in relationship, dignity, and belonging.

Benefits Update

Over the past several months, we completed a thorough review of our Group Benefits Plan to ensure it continues to offer competitive pricing, comprehensive coverage, and strong customer support. As a result of this review, two changes will be taking effect on June 1st, 2026.

- Bonaventure is transitioning our benefits provider from Manulife to GroupSource
- Part-time employees working 24–25 hours per week will now be eligible for benefits.

GroupSource has now sent online enrolment invitations directly to eligible employees by email. If you are eligible, please check your inbox (and junk folder) for an email from GroupSource with instructions on how to complete your enrolment online.

If you do not complete enrolment, you may miss access to coverage or be limited to default options, so we strongly encourage everyone to review and submit their information once received. We know benefits transitions often come with questions. More information, and a set of FAQs has been shared on the ShareVision Home Page to support the team through this change.

Thank you for your patience – more to come soon.

Cell Phone Use

Reminder: Cell phones are an important part of our lives, and we recognize the value they hold for each of us. During direct support time, it's important to use good judgment and limit phone use when it isn't related to support. Presence, eye contact, and attention are key to respectful, dignified support. This isn't about perfection—it's about perspective, professionalism, genuine connection and the experience of the people we support.

Our presence matters.

Christy Sudyko

Executive Director

THE BONAVENTURE BUZZ



We're excited to share an important update about our company-sponsored employee benefits program. Based on our review, effective June 1, 2026, we will be transitioning from Manulife to GroupSource.

We are pleased to announce that Part-Time employees working between 24 to 35 hours per week are now eligible to participate!

This change takes effect on June 1, 2026. As part of our agreement with our benefits provider, GroupSource, all employees who meet the eligibility criteria are required to participate in our company-sponsored Benefits Plan. If you need additional support at any point, we're here to help!

As with our current plan, all eligible employees who meet the eligibility criteria are required to participate in our company-sponsored Benefits Plan.

If you have any questions, please contact our Payroll and Benefits Administrator, Amy Paradise.

Your Year In Review 2025

Each year, we ask the people we support, their families, and our employees for feedback so we can understand what's working well and where we can improve.

This 2025 report, *Your Year in Review*, shares what we learned and celebrates the impact of your voice. It highlights your experiences, goals, and feedback, and shows how our support is making a meaningful difference.

You'll also find some fun facts and insights about identity, culture, hours of support provided, and the people we were proud to support throughout the year.

THE BONAVENTURE BUZZ

PEOPLE WHO JOINED US: 33



PEOPLE WHO LEFT US: 20

Total hours we supported you: 223,417 hrs



"Person-centered planning is about putting you in charge of your own life and building support around what matters to you."

YOUR 2025 YEAR

IN REVIEW

Total People Supported : 159

YOUR IDENTITY

Female: 61
Male: 93
Other Gender Identity: 5

YOUR CULTURE

First Nations/Indigenous - 37
African/Black - 3
Asian - 5
Caucasian - 138
Other - 5

My Plans (PCP) completed: 135

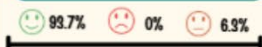
What you told us

Your Feedback

VOICE, CHOICE, AND SUPPORT



SUPPORT & DAILY LIFE



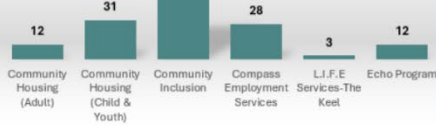
GETTING THE SUPPORT YOU NEED



CONCERNS AND FEEDBACK



SUPPORTED PEOPLE



Age Range:

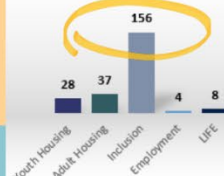
- 0-3 yrs: 1
- 4-9 yrs: 8
- 10-19 yrs: 23
- 20-29 yrs: 64
- 30-39 yrs: 48
- 40-49 yrs: 15
- 50-59 yrs: 4
- 60-69 yrs: 8
- 70 yrs & Over: 1

Programs we supported you in:

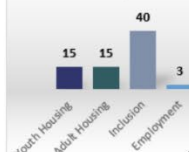
- Community Inclusion (CI)
- Community Housing (CH)
- Employment Services
- L.I.F.E
- Echo Living

YOUR GOALS

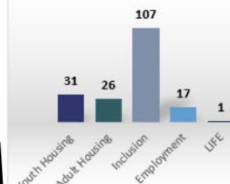
Independence



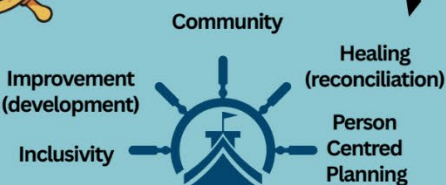
Social Participation



Well-being



SMART goals help turn hopes and plans into clear steps that can be supported, tracked, and celebrated.



AGENCY GOALS

Mission
"Dedicated to common-unity, holding space where people are empowered."

EMPOWERING

Potential,

TOGETHER

BONAVENTURE SUPPORT SERVICES

- Some of your Goals:
- 'Building Independence in the kitchen'
 - 'Staying Connected with Family'
 - 'Participation in Social Events'
 - 'Budgeting Finances'
 - 'Learning to Bus Independently'

Each year, we ask the people we support, their families, and our employees for feedback to learn what's going well and what could be better. This 2025 report shares what we learned. It also highlights your experiences, your goals, and how our support is making a difference.

Vision

"To cultivate an environment dedicated to unlocking the potential of self and community."

THE BONAVENTURE BUZZ

Recreation Program

What a fantastic month we had, we were able to check a big event off our bucket list by going to Science World, what an amazing day.

Throughout April we had some amazing events, like our bucket list picnic where we had an amazing lunch and individuals wrote their bucket list ideas for the rec program. We also had a very successful earth day clean up, working together to clean up the trail behind our office and for our fitness Friday adventure we headed up sugarloaf and walked down to Departure Bay to enjoy the view and have a sweet treat!

Thank you to everyone who continues to join us and make these events possible.

For May we have some exciting events coming up, we have another individual led self-advocacy, in addition we have our fitness Friday crew going on another adventure, this time at Westwood. For some of our “bigger” events this month we have Superior Farms which is always a hit as well as a long-awaited trip back to Victoria Museum.

Our cooking club is making sub sandwiches this month, please let us know if you want to attend so we can make sure there is enough subs to go around. We hope to see you this month.

Please reach out to myself, Baylee or Rich if you have any questions or recommendations for the Recreation Program.

Parksville CI Monday Mixers

1-104 Middleton Ave

Monday's 1:00pm-4:00pm

Contact Deziree T. 250-927-8909

Southside CI Art Program

3148 Barons Rd Unit A&B

Wednesdays 10:00am-11:30am

Baron CI Sing and Sign

3148 Barons Rd Unit D











Fridays 11:30am-12:30pm

THE BONAVENTURE BUZZ

Check out what your Recreation Program has planned for you this month!

Any questions, please contact Becca via email

recreation@bonaventuresupport.com

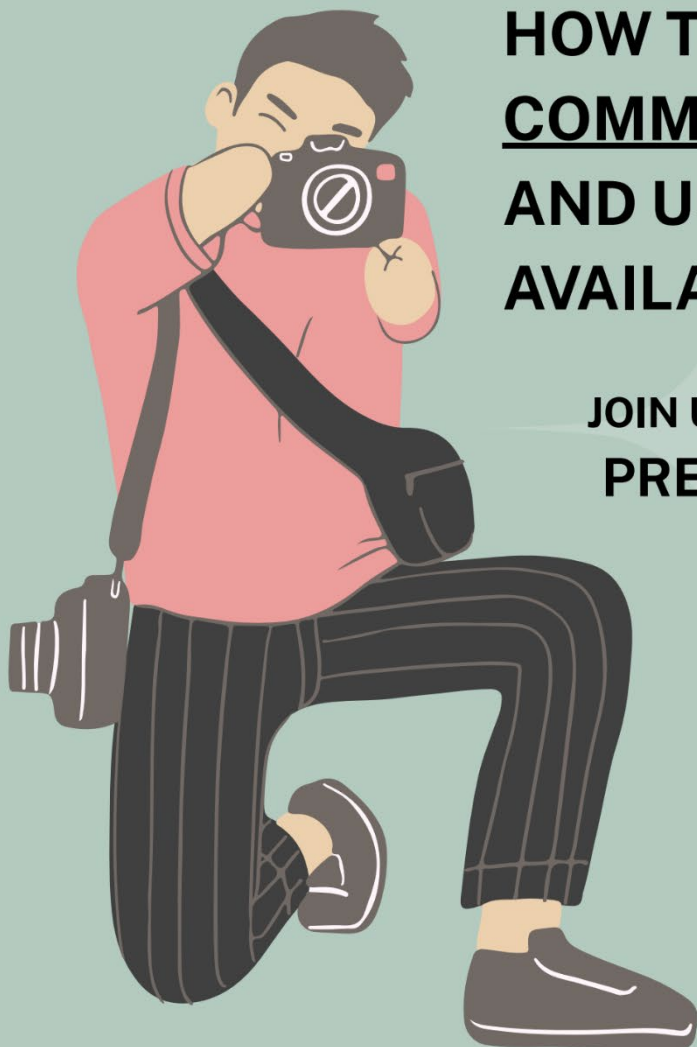
SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY			
		For Monday Events Please contact Dez (250)-927-8909								Sing and Sign 11:30-12:30 Fridays		2026			
		Garden Day 1-4 PVC I 				Batting cages 1-2 				Kickball Game Centennial park 1-3 		1	2		
3				5				7		Fitness Friday Adventure Westwood 1-3 		8	9		
10		Candle Making 1-4 PVC I 		12		Self advocacy Diverse Abilities not Inability 1-2		13		14		Superior Farms 1-3 		15	16
17		Closed		18		Cooking club 12-3 Sub sandwiches 		20		21		Victoria Museum 9-5 connect with becca 		22	23
24		Parksville Beach and games 		25		Wazobia: Come, Come, Come! Celebration 1-4 Pleasant Valley Hall		27		28		Flower walk at Bowen park 1-3 		29	30
31															

Important Dates to Remember

STAT HOLIDAYS

Monday, May 18th, 2026 – Victoria Day

DIVERSE ABILITY NOT INABILITY



**HOW TO ACCESS YOUR
COMMUNITY
AND USE RESOURCES
AVAILABLE TO YOU**

**JOIN US WITH SELF ADVOCACY
PRESENTED BY MATT C**

MAY 13TH 1-2



**COOKING CLUB
PRESENTS**

**SUB
SANDWICHES**

**JOIN US TO MAKE DIY SUB
SANDWICHES**

**Learn basic
cooking skills**

**Understand
healthy eating**

**Build confidence
in the kitchen**

May 20th 12-3

THE BONAVENTURE BUZZ

Art Program

MAY 2026

6 PRESSED Flower Jars



13 Paint by numbers



20 Wild and Free



27 DIY Stain Glass Window Sticker



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1		
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April was a fun and creative month in Art! 🎨

We decorated trinket boxes and made colorful suncatchers for the window. Participants also created their own stress balls to take home and enjoy.

To wrap up the month, we decorated ceramic mugs for Mother's Day, making thoughtful and personalized gifts. It was great to see so much creativity and everyone's unique ideas come to life!

MAY 2026 ART PROGRAM DESCRIPTION



Pressed Flower Jars

This week in Art we are making pressed flower jars! Participants will get to choose the flowers they like, as well as pick out their own jar. They will carefully place and arrange the flowers on the jar, then seal them to create a beautiful design. To finish it off, everyone can choose a ribbon or bow to add a personal touch. We can't wait to see all the unique and creative jars come together!



Paint by numbers

This week in Art we are doing paint-by-numbers with a twist—the paint is in paint markers! Participants will choose their own picture, then join their peers for a fun and creative painting session. This is a great way to relax, be social, and enjoy bringing a design to life in a new and unique way. We can't wait to see everyone's finished pieces!



Wild and Free



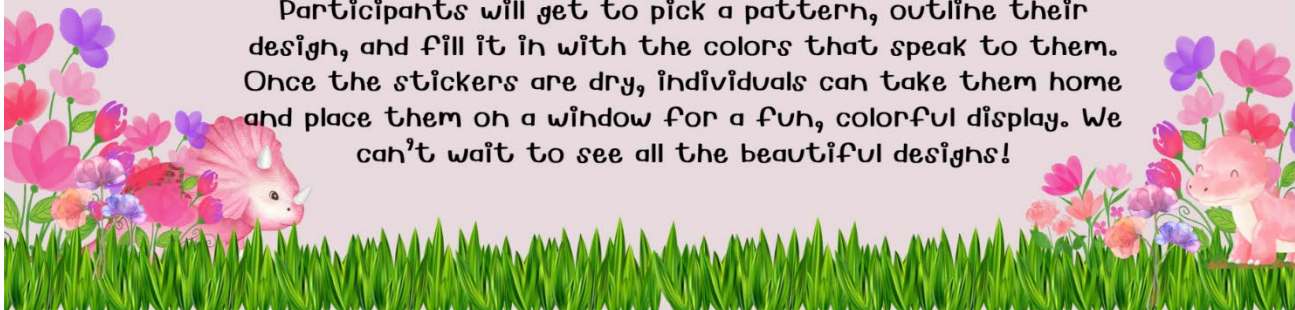
Come and explore your creative side with Wild & Free Wednesday. Individuals are welcome to expand their creativity in a space that promotes artistic freedom. Come and create without boundaries while exploring multiple mediums, techniques, and styles. It's a great opportunity to experiment, express yourself, and let your imagination lead the way!



DIY Stain Glass Window Sticker



In Art we are making stained glass window stickers! Participants will get to pick a pattern, outline their design, and fill it in with the colors that speak to them. Once the stickers are dry, individuals can take them home and place them on a window for a fun, colorful display. We can't wait to see all the beautiful designs!



JOIN THE

CREW

@



SING AND SIGN

Now Friday
Mornings
11:30-12:30



Barons Community inclusion

3148 Barons Rd

OLIVER WOODS



OPEN GYM
1:15-2:45
THURSDAYS



MEET US THERE!

THE 40 STOPS ON UPLANDS

**"UPLANDS- PRIMROSE"
OR**

"UPLANDS-EDGEWATER LANE"



CHALLENGER BASEBALL

Thursdays, May 7th - June 25th

➤ WHERE: **BOWEN WEST FIELD, NANAIMO**

➤ TIME: 4:45pm - 6:00pm **FREE!**



**A FUN, INCLUSIVE BASEBALL PROGRAM FOR KIDS WITH
PHYSICAL & COGNITIVE DISABILITIES! ALL AGES & ABILITIES!
NO EXPERIENCE NEEDED!**

REGISTER NOW! WWW.CAGEDATHLETICS.COM



Accreditation Matters

Achieving accreditation shows the public and funders/regulators your commitment to continuously improve services, manage risk, and distinguish your service delivery.

These valuable benefits and unique advantages are the greatest return on your accreditation investment:

Assurance to persons seeking services and funding sources, referral agencies, and the community that a provider has demonstrated conformance to internationally accepted standards.

Person-focused standards that emphasize an integrated and individualized approach to services and outcomes.

Improved communication with persons served.

Evidence to federal, state, provincial, and local governments of commitment to quality of programs and services that receive government funding.

Management techniques that are efficient, cost-effective, and based on outcomes and consumer satisfaction.

Guidance for responsible management and professional growth of personnel.

Support from us through consultation, publications, training opportunities, and newsletters.

The value of accreditation goes beyond conformance.

Accreditation positively impacts your business and services in many ways. These benefits, combined with the strength of our internationally accepted standards and consultative peer-review model, are distinguishing factors that make CARF the accreditor of choice for health and human service providers.

Business improvement * Risk management * Funding/contract access * Positive visibility

Peer networking * Accountability * Insurance premium savings * eLearning support