



THE BONAVENTURE BUZZ

Empowering Potential, together!

Welcome to the Buzz for July 2026! This issue of the Bonaventure Buzz, our monthly newsletter, will highlight all the happenings within and around Bonaventure Support Services. This edition features many upcoming events, the July Recreation Program schedule, and reminders of important dates coming up along with the Recreation Schedule plus loads of other tidbits of information!

As always, we welcome your input on future editions of the Buzz including articles you've enjoyed, favorite recipes, personal milestones, and anything else you'd like to celebrate!

BONAVENTURE

Land Acknowledgement: "Bonaventure honors the rich heritage and traditions of the Coast Salish people, on whose lands we work, live, and play. We are committed to respecting and learning from the cultures that shape this land, as we strive to cultivate a community rooted in understanding and inclusivity."

From The Helm – Christy Sudyko

As we settle into summer, I want to take a moment to reflect on two important observances from June that align closely with the values we strive to live every day at Bonaventure Support Services: **National Indigenous History Month** and **Pride Month**.

Honouring Indigenous Peoples, Cultures, and Histories

June was National Indigenous History Month, a time to recognize and celebrate the rich cultures, traditions, contributions, and resilience of First Nations, Inuit, and Métis Peoples. It is also a reminder of the ongoing journey toward reconciliation and the importance of listening, learning, and building meaningful relationships rooted in respect.

At BSS, we are committed to creating environments where cultural identity is acknowledged, valued, and respected. By embracing diversity and learning from one another, we strengthen our ability to provide person-centered support and foster a true sense of belonging.

Celebrating Pride and the Diversity of Our Communities

June was also Pride Month—a time to celebrate the diversity, strength, and contributions of the 2SLGBTQIA+ community. Pride is about more than celebration; it is about creating spaces where people feel safe, respected, and free to be their authentic selves.

Every day, we have the opportunity to build inclusive communities where differences are welcomed and individual identities are respected. Whether among the people we support, our staff, or our community partners, diversity makes us stronger and enriches the work we do together.

As we move into July, I encourage all of us to continue embracing curiosity, kindness, and respect for one another. Inclusion is not a single event or month-long celebration—it is something we practice every day through our actions, our language, and our commitment to ensuring everyone feels they belong.

Thank you for the care, compassion, and dedication you bring to your work each day.



THE BONAVENTURE BUZZ

The OG Crew

As many of you know, Bonaventure Support Services started out in 2009 with just two individuals in one home, Quarterway Place – although not in the current location. Over the years, plenty of things have changed, but these two guys have remained in contact since Day One, despite the first one moving to a different community in 2017. We had the pleasure of facilitating another meet-up with JT, our very first individual that BSS supported, this past week to celebrate his 36th birthday and chat about the ‘Good Old Days’. As I have mentioned in SIVA many times, working in this field may not provide ‘instant gratification’, but instead a lifetime of memories, and these two exemplify that being ‘brothers from different mothers’ can create a long-term friendship!



THE BONAVENTURE BUZZ

Recreation Program

What a fantastic month we've had! From our Cooking Club Summer BBQ at Long Lake—which was an incredible day—to our long-awaited trip to Tofino, we couldn't have asked for a better month. The smiles, laughter, and memories made along the way are what make it all worthwhile.

We want to sincerely thank everyone who joined us on these adventures and for the trust you've placed in us to create these experiences. Your enthusiasm and participation make every event special.

Looking ahead to July, we have an exciting lineup of activities planned! We're attending our first Concert in the Park on July 8th and heading out for a walk at Stocking Creek on July 3rd. We also have some summer favorites returning, including:

- Annual Fun Day – July 10th 10am – 2pm
- Mini Golf – July 17th
- Raptors in Duncan – July 24th
- Lake Days at Westwood Lake – July 22nd and July 31st

Our July 22nd Westwood Lake event will be a special collaboration between the Art Program and Cooking Club. We'll be at Westwood from 10:00 a.m. to 3:00 p.m., with a full day of fun planned. Participants can look forward to creative art projects in the morning, swimming in the afternoon, and a delicious lunch featuring hot dogs and homemade burgers.

We hope to see you there and look forward to making even more great memories together this summer!

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Check out what your Recreation Program has planned for you this month!

Any questions, please contact Becca via email

recreation@bonaventuresupport.com

July Sing and Sign 11:30-12:30 Every Friday 2026						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Closed Canada day		Fitness Friday Adventure Stocking Creek 1-3	
5 Parksville Sandcastles and beach picnic Parksville Beach 1-4	6	7	8 Bus day Concert in the park 1-2 Mansfield park	9 Fun Day 10-2 6700 Dover Rd	10	11
12 Westwood Swim 1-4	13	14 Kites at the beach Pipers lagoon 1-3	15	16 Mini Golf Riptide 1-3	17	18
19 Moorecroft walk and games 1-4	20	21 Cooking club Summer BBQ Westwood Lake 12-3	22	23 Raptors in Duncan 11-3	24	25
26 Candle Making 1-4	27	28 Self Advocacy Health and fitness 1-3	29	30 Westwood Swim 1-3	31	

Parksville CI Monday Mixers

1-104 Middleton Ave

Mondays 1:00pm-4:00pm

Contact Deziree T. 250-927-8909

Southside CI Art Program

3148 Barons Rd Unit A&B

Wednesdays 10:00am-11:30am

Baron CI Sing and Sign

3148 Barons Rd Unit D

Fridays 11:30am-12:30pm

ART
PROGRAM



COOKING
CLUB

PRESENT

LAKE DAY

WESTWOOD LAKE
JULY 22 10-3

JOIN US FOR ART PROGRAM
AT THE LAKE ASWELL AS A
COOKING CLUB BBQ

EXPECT

- GREAT FOOD
- SWIMMING
- AMAZING VIBES

THE BONAVENTURE BUZZ

HEALTH **AND** FITNESS

JOIN US TO DISCUSS HOW YOU STAY FIT AND LIVE A
HEALTHY LIFESTYLE



1-3

PRESENTED BY SELF ADVOCACY

THE BONAVENTURE BUZZ

Important Dates to Remember

STAT Holidays

Monday, August 3rd, 2026 – BC Day

Monday, September 7th, 2026 – Labour Day

Wednesday, September 30th, 2026 – BC Truth and Reconciliation Day



Thursday July 23rd, 8:30am – 4:30pm

Royal Canadian Legion 1630 E Wellington Road, Nanaimo.



FUN THIS WAY!

JOIN US!!

A JOINT
COLLABORATION
BETWEEN SUPPORT
AGENCIES

FUN DAY

10AM-2PM

JULY 10, 2026
6700 DOVER RD, NANAIMO

EXCITING GAMES, ACTIVITIES & FUN!
ENJOY, CRAFTS, FACE PAINTING, A
WATER GUN FIGHT, INFLATABLE GAMES,
INDIVIDUAL CREATOR MARKET, AND SO
MUCH MORE. BRING CASH FOR MARKET

Private event, individual's to be accompanied
with support worker, families are also
welcome!! We encourage you to bring water
bottles, camping chairs, shade tents and
packable snacks for your individual's!

Please RSVP by June 26 to
baronsinclusion@bonaventure-support.com

PARTICIPATING SUPPORT AGENCIES - COASTAL SUPPORT, PCORI, GOAT, CLAYTREE,
NACL, SAL, AND BONAVENTURE



BONAVENTURE
SUPPORT SERVICES

40th Annual Silly Boat Regatta!

CHEER ON OUR BRAVE EMPLOYEES



Sunday, July 19
Maffeo Sutton Park

For more details about the Silly Boat Regatta, click here

Or visit their website www.sillyboat.com

JOIN THE ACTION!

WHETHER YOU LOVE BUILDING, PADDLING or HELPING WRAP THINGS
UP, WE'D LOVE YOUR SUPPORT.

TO GET INVOLVED, CONTACT SARAH AT
officemanager@bonaventure-support.com

The crew would love your support!
Come watch, cheer and enjoy activities.

Boat building starts at 8:00am

Races start at 1:00pm

JOIN THE

CREW

@



SING AND SIGN



Now Friday
Mornings
11:30-12:30



Barons Community inclusion

3148 Barons Rd

HELLO SUMMER

Welcome summer with a smile!
Welcome days full of joy

SUMMER ACTIVITIES

- **SCAVENGER HUNT ALL SUMMER LONG!**
- **FUN DAY JULY 10TH**
- **BEACH DAYS JULY 22ND & 31ST**
- **ADVENTURE DAYS JUNE 19TH, 26TH, JULY 3RD & AUG 28TH**
- **CONCERTS IN THE PARK JULY 8TH & AUG 7TH**
- **BBQ DAYS JUNE 17TH & JULY 22ND**
- **MINI GOLF JULY 17TH**
- **BLUE BERRY PICKING AUG 21ST**
- **PARKSVILLE SANDCASTLES AUG 14TH**

GET A PICTURE OF YOURSELF AT ALL THESE LOCATIONS OR WITH THE ITEM FOR A CHANCE TO WIN

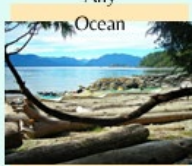
Nanaimo Sign



Any Lake



Any Ocean



Eating a cold treat



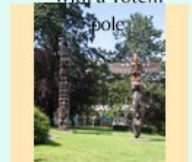
Coombs



Having a Picnic



With a Totem Pole



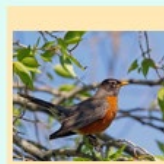
On a walk in the forest



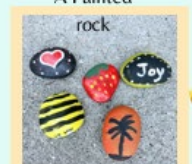
Parksville Sandcastle



A Bird



A Painted rock



A Boat



WE WOULD LIKE TO INTRODUCE YOU TO OUR SUMMER SCAVENGER HUNT

- **GET A PICTURE OF YOURSELF AT ALL THESE LOCATIONS OR WITH THE ITEM FOR A CHANCE TO WIN A BASKET OF GOODIES**
- **SHOW YOUR PICTURES TO BECCA FOR YOUR NAME TO BE PUT IN THE DRAW**
- **PRIZE WILL BE DRAWN ON SEPTEMBER 11TH AT THE VARIETY SHOW**
- **MESSAGE BECCA IF YOU HAVE ANY QUESTIONS**

THE BONAVENTURE BUZZ

Community Events

With summer around the corner, our communities are preparing for some fun filled events. Click the images below for more event information.





Accreditation Matters

Achieving accreditation shows the public and funders/regulators your commitment to continuously improve services, manage risk, and distinguish your service delivery.

These valuable benefits and unique advantages are the greatest return on your accreditation investment:

Assurance to persons seeking services and funding sources, referral agencies, and the community that a provider has demonstrated conformance to internationally accepted standards.

Person-focused standards that emphasize an integrated and individualized approach to services and outcomes.

Improved communication with persons served.

Evidence to federal, state, provincial, and local governments of commitment to quality of programs and services that receive government funding.

Management techniques that are efficient, cost-effective, and based on outcomes and consumer satisfaction.

Guidance for responsible management and professional growth of personnel.

Support from us through consultation, publications, training opportunities, and newsletters.

The value of accreditation goes beyond conformance.

Accreditation positively impacts your business and services in many ways. These benefits, combined with the strength of our internationally accepted standards and consultative peer-review model, are distinguishing factors that make CARF the accreditor of choice for health and human service providers.

Business improvement * Risk management * Funding/contract access * Positive visibility

Peer networking * Accountability * Insurance premium savings * eLearning support