



THE BONAVENTURE BUZZ

Empowering Potential, together!

Welcome to the first edition of the Buzz for 2026! This issue of the Bonaventure Buzz, our monthly newsletter, will highlight all the happenings within and around Bonaventure Support Services. This edition features many upcoming events, our Bona-Vision Award and Frontline Hero Award winners, a link to the various Ice and Winter Festivals around the world, and reminders of important dates coming up along with the Recreation Schedule plus loads of other tidbits of information!

As always, we welcome your input on future editions of the Buzz including articles you've enjoyed, favorite recipes, personal milestones, and anything else you'd like to celebrate!

Land Acknowledgement: "Bonaventure honors the rich heritage and traditions of the Coast Salish people, on whose lands we work, live, and play. We are committed to respecting and learning from the cultures that shape this land, as we strive to cultivate a community rooted in understanding and inclusivity."

From The Helm – Executive Director Christy Sudyko

Reflecting on 2025: A Year of Growth and Connection

As we step into 2026, I want to take a moment to celebrate the incredible progress we made together last year. Here are some of the key highlights that showcase our commitment to excellence, community, and innovation:

- **HR Growth & Onboarding Excellence**
To better support our teams, we expanded our HR capacity with the addition of Maya Sloodweg. This growth has enabled us to strengthen onboarding processes, introduce structured orientation training, and enhance competency development—ensuring every new team member feels prepared and supported from day one.
- **Payworks Integration**
The successful implementation of Payworks streamlined payroll and onboarding, creating a more efficient and user-friendly experience for staff across the agency.
- **Echo Program Launch**
We proudly introduced the Echo program at the Nanaimo Correctional facility, broadening our impact and reinforcing our commitment to community-based initiatives.
- **Funday & Agency Connection**
Funday was a resounding success! It wasn't just about fun—it was about building stronger connections within our agency but also with other like-minded agencies and celebrating the incredible people who make our work possible.
- **CARF Survey Achievement**
The CARF survey results reflected our dedication to quality and continuous improvement. Thank you to everyone who contributed to this outstanding accomplishment.

Looking Ahead

As we move into 2026, let's build on these successes by continuing to innovate, connect, and support one another.

Christy Sudyko

Executive Director

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2025 Frontline Hero Award Winners

At our annual holiday party, we take time to recognize those members of our teams that have stood out as amazing role models and done exemplary support throughout the year. This year we decided to expand our awards to include both Youth and Adult Housing programs, as each sector brings its own set of challenges, as well as our Community Inclusion programs, and present Frontline Hero Awards to all 3 divisions. Congratulations to our winners!



Deziree Tinney – Community Inclusion



Daryl Setter – Youth Community Housing



Martin de Guzman – Adult Community Housing

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2025 Bona-Vision Award

The Bona-Vision Award is presented to the staff member who best exemplifies the core vision and values of Bonaventure Support Services and is dedicated to the care of the individuals we support. This year's recipient has been the guiding light for all of the program managers throughout the organization and we are so grateful to have had her with us for 12+ years! Congratulations to Laura Constance, Manager of Quarterway Place!



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Recreation Program

Check out what your Recreation Program has planned for you this month!











Any questions, please contact Becca via email

recreation@bonaventuresupport.com

January

Sing and Sign
Every Friday @
11:30

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Happy New Year	1 Closed	2 Bottle Drive 10-2 Hayes Rd Bottle Depot picks up are available	3
4 Vison Boards Parksville CI 1-4	5	6 Batting cages 1-2	7 	8 Oliver Woods 1:15-2:45	9 Vison Boards For self and Rec program Future Me letter 12:30-2:00	10
11 Cook day Spaghetti Parksville CI 1-4	12 	13 Bus to Prime Golf 12:30-2:00	14 	15 Oliver Woods 1:15-2:45	16 Minute to win it games 12:30-3 	17
18 Tie Dye day Parksville CI 1-4	19 	20 Cooking Club 11:00-2:00 Build your own rice bowl	21	22 Oliver Woods 1:15-2:45	23 Fitness Friday 12:30-3  	24
25 Air dry Clay Parksville CI 1-4	26 	27 Self Advocacy Advocating through 1-2 ASL	28 	29 Oliver Woods 1:15-2:45	30 Clipper Game 5-10 	31

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Important Dates to Remember

STAT HOLIDAYS

Monday, February 16th, 2026 – Family Day

Friday, April 3rd, 2026 – Good Friday



Tuesday February 10, 2026 – Head Office Boardroom

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JOIN US FOR
**FITNESS
FRIDAY**

Kickstart your day, stay active,
and have fun in a supportive
environment!

1-3

See the RECREATION
calendar for more details

SELF ADVOCACY
PRESENTS

ADVOCATING THROUGH ASL



Join us to learn basic ASL and how
learning sign can help us advocate for
ourselves and others



JANUARY 28TH
1-2



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MEMORY JARS



PINECONE BIRD FEEDER



JANUARY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

WILD & FREE



AIR DRY CLAY



JANUARY ART PROGRAM DESCRIPTION

7 MEMORY JARS

MEMORY JARS ARE A CREATIVE AND MEANINGFUL PROJECT WHERE PARTICIPANTS DECORATE A JAR TO USE THROUGHOUT THE YEAR. THE JAR WILL BE A SPECIAL PLACE TO COLLECT MEMORIES, POSITIVE MOMENTS, AND MEANINGFUL EXPERIENCES AS THEY HAPPEN. CREATING A PERSONALIZED KEEPSAKE THAT CAN BE ADDED TO OVER TIME AND REVISITED WHENEVER YOU WANT TO REFLECT ON THE YEAR'S MOMENTS, BIG AND SMALL.

14 PINECONE BIRD FEEDER

PINECONE BIRD FEEDERS ARE A FUN, NATURE-INSPIRED CRAFT WHERE PARTICIPANTS CREATE SIMPLE BIRD FEEDERS USING PINECONES, BIRDSEED, AND NATURAL MATERIALS. THIS HANDS-ON ACTIVITY IS EASY TO FOLLOW AND PERFECT FOR ALL SKILL LEVELS. ONCE FINISHED, THE FEEDERS CAN BE HUNG OUTSIDE TO ATTRACT LOCAL BIRDS.

21 WILD & FREE

COME AND EXPLORE YOUR CREATIVE SIDE WITH WILD & FREE WEDNESDAY. INDIVIDUALS ARE WELCOME TO EXPAND THEIR CREATIVITY IN A SPACE THAT PROMOTES ARTISTIC FREEDOM. COME AND CREATE WITHOUT BOUNDARIES WITH MULTIPLE MEDIUMS TECHNIQUE AND STYLES

28 AIR DRY-CLAY

COME AND PLAY THIS WEEK IN ART WITH AIR DRY CLAY! GET CREATIVE AS YOU SHAPE, SCULPT, AND DESIGN YOUR OWN UNIQUE CREATIONS USING SIMPLE TOOLS AND YOUR IMAGINATION. IT'S A RELAXED, HANDS-ON ACTIVITY THAT'S PERFECT FOR ALL SKILL LEVELS.

JOIN THE

CREW

@



SING AND SIGN



Now Friday
Mornings
11:30-12:30



Barons Community inclusion

3148 Barons Rd

OLIVER WOODS



OPEN GYM
1:15-2:45
THURSDAYS



MEET US THERE!

THE 40 STOPS ON UPLANDS

**"UPLANDS- PRIMROSE"
OR**

"UPLANDS-EDGEWATER LANE"





Accreditation Matters

Achieving accreditation shows the public and funders/regulators your commitment to continuously improve services, manage risk, and distinguish your service delivery.

These valuable benefits and unique advantages are the greatest return on your accreditation investment:

Assurance to persons seeking services and funding sources, referral agencies, and the community that a provider has demonstrated conformance to internationally accepted standards.

Person-focused standards that emphasize an integrated and individualized approach to services and outcomes.

Improved communication with persons served.

Evidence to federal, state, provincial, and local governments of commitment to quality of programs and services that receive government funding.

Management techniques that are efficient, cost-effective, and based on outcomes and consumer satisfaction.

Guidance for responsible management and professional growth of personnel.

Support from us through consultation, publications, training opportunities, and newsletters.

The value of accreditation goes beyond conformance.

Accreditation positively impacts your business and services in many ways. These benefits, combined with the strength of our internationally accepted standards and consultative peer-review model, are distinguishing factors that make CARF the accreditor of choice for health and human service providers.

Business improvement * Risk management * Funding/contract access * Positive visibility

Peer networking * Accountability * Insurance premium savings * eLearning support