## **Employment Handbook**



### **Individual and Family**



#### **Important Contact Information**

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Email: office@bonaventuresupport.com Web site: www.bonaventuresupport.com

Also Find Us On:

Facebook (f) Instagram





Other Contact Numbers		

#### Welcome to Bonaventure Support Services Employment Program

This handbook is just for you, and I'm sure you're wondering why we have given you this handbook.

- This handbook will provide you with the information to navigate our supports and services and provide you with important contact information
- We believe it is important that you understand all the information we give to you, and
   we have tried to write this handbook in plain language
- We believe that it is your right to have the information you need to make good decisions and to make informed choices
- We respect your right to information by putting together this handbook
- o In this handbook you will find guidelines for support and, what we expect from you and your family member while they are with us.
- It is important that you and your whole support network (your family and friends)
   know how we will support you and what they can do to assist you when you're at a
   Bonaventure program
- A Bonaventure Support worker will be happy to talk to you and to help you understand this handbook
- o A copy of this handbook will also be available at all Bonaventure programs

#### **CHAPTER 1 – INTRODUCTION TO BONAVENTURE SUPPORT SERVICES**

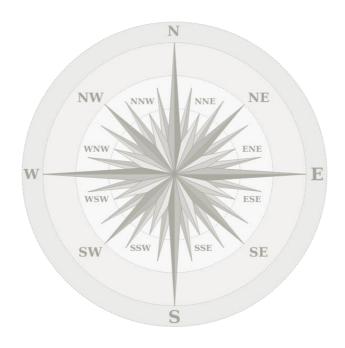
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# Chapter 1



# Introduction to Bonaventure Support Services

#### **About Us**

In February 2009, Bonaventure officially opened its first staffed resource. Over the next decade Bonaventure has expanded to include 10 Residential Programs and 5 Community Inclusion Programs servicing 3 different communities within the mid island region. More recently, Bonaventure has been approved as a Home Share/Shared Living Service Provider.

Bonaventure Support Services provides individualized support to persons with diverse abilities within the community. Using a collaborative approach, we develop and implement personalized support and safety plans to provide individuals like you or your family member with the opportunity to achieve their goals and promote community inclusion in a safe and supported manner.

Supporting through relationships we empower our individuals to realize their hopes, dreams and goals and unlock their potential to lead their chosen lives. We promote inclusion and self-advocacy for the life our individuals want to live, through a person-centered approach.

We are continually learning and growing with the community and listening to your needs.

Bonaventure's Mission:

"Dedicated to common-unity, holding space where people are empowered."

Bonaventure's Vision:

"To cultivate an environment dedicated to unlocking the potential of self and community."

#### **Bonaventure Support Services Programs**

Bonaventure Support Services proudly supports adults, children, and youth with diverse abilities in the Central Vancouver Island region.

Through a person centered, goal directed approach, we help supported individuals enhance their life skills, reaching their full potential.

Bonaventure's Community Housing, Community Inclusion, Host Agency, Home Share and Employment services are contracted on behalf of Community Living BC (CLBC) and the Ministry of Child and Family Development (MCFD).

#### **Community Housing**

Community housing is provided in partnership with individuals, families and funders and may include housing for adults as well as child/youth with diverse abilities.

The services are focused on home and community integration and engagement in productive activities. Community housing enhances the independence, dignity, personal choice, and privacy of the persons served.

Bonaventure has 10 homes that provide 24/7 support care within the neighborhoods of the Nanaimo and Parksville areas.

They address the desires, goals, strengths, abilities, needs, health, safety, of the persons served, within the residences in which services are provided.

#### **Adult Services**

Bonaventure Support Services is contracted to provide supports and services on behalf of Community Living British Columbia (CLBC). CLBC is a crown corporation that has been given legislative responsibility governing all services to adult persons with developmental diverse abilities in British Columbia.

#### **Child and Youth Services - Housing**

MCFD's primary focus is to support all children and youth in British Columbia to live in safe, healthy, and nurturing families and be strongly connected to their communities and culture. The Ministry supports the well-being of children, youth, and families in British Columbia by providing and contracting services with agencies like Bonaventure, that are accessible, inclusive, and culturally respectful.

Referrals are made through MCFD and reviewed and approved through a collaborative approach funded by MCFD.

**Child and Youth Services - Respite** 

Respite services facilitate access to time-limited, temporary relief from the ongoing responsibility of providing for the needs of the person served, families. Respite services are provided in the community; or a Bonaventure staffed resource home with a focus on community.

Respite services may be planned or unplanned and may provide services of a short duration, such as respite for medical appointments, or longer duration, such as vacation or emergency coverage. Respite programs are not an alternative for placement.

Referrals are made through the office of MCFD and reviewed and approved through a collaborative approach, funded by MCFD.

#### **Home Share**

Home-sharing is a residential living option in which an adult with diverse abilities and who is eligible for CLBC services shares a home with a person contracted to provide ongoing support and assistance to them. Home Share living arrangements vary, with individuals having the choice to live with either a family, roommate, couple, or in their own suite within a family home.

There are two types of shared living support:

- Home Sharing: Being the most common type of shared living arrangement which involves you living in the shared living provider's home
- o Live-in support: In this type of shared living support, you receive support in your own home.

This support model allows individuals to share a home with a caregiver (Shared Living or Home Share Provider) that will meet their specific and individualized preferences.

Home Sharing provides increased opportunities for people to establish and build on natural relationships and social connections within their immediate community.

#### **Host Agency**

Bonaventure Support Services in s a CLBC approved Host Agency Provider. As a Host Agency we are permitted to manage the funds allocated, where we receive and administer the funding on behalf of the individual and their agent.

We assist Individuals to create their support arrangements and find caregivers.

Bonaventure takes on the administrative tasks of becoming the employer, so the individual and the families don't have to!

Referrals are made by CLBC.

#### **Employment**

Through customized, supportive or self-employment options, we work with the individual to find their passion and where their interests lie to find a place of employment that gives them satisfaction and a place to belong. We can use a variety of methods to find the right fit.

#### **Community Inclusion**

Being a part of a community is an integral part of living a balanced life. Bonaventure's community inclusion support is tailored to meet the individual's needs and assist in reaching their goals. We partner with individuals, families, and caregivers to create a customized personal support plan.

#### Community Inclusion provides support in the following areas:

- Building personal support networks within the community
- Social activities
- Sexual Health and Education
- Community integration
- Recreation and promotion of good physical health and mental well being
- Employment, including discovery, job development, pre-employment services, and job sustainment.

Key principles that are interwoven throughout the services include:

- Trauma-informed care principles
- Well-Being and Resiliency
- Cultural and Linguistic Competency
- Strengths-Based
- Person-Centered planning

We have unique programs within our inclusion community:

#### **Bonaventure Belles**

Bonaventure Belles is a program that was developed in 2015 from a place of need for those who identify as or with women searching for socialization, a place to belong, and a sense of community. The group focuses on social and life skills.

#### **Recreation Program**

Bonaventure organizes recreation activities that are available to all Bonaventure Individuals. These activities encourage socialization, team sports, physical activity, and community. Our Rec Coordinator thrives on coming up with new, fun, and creative activities that change with the season

#### **Bonaventure Bros**

Bonaventure Bros started as a night for those who identify as or with men. It began as a dinner night and has grown into a 4-6-hour day. Programming may include events, outdoor activities, games, and preparing meals together. This program creates community and works on life skills.

#### **Sexual Health Education**

Bonaventure has its very own sexual health educator. We believe individuals should be supported to acquire accurate information regarding hygienic and anatomical functioning of their bodies, and the impact of their emotions and related actions on themselves and on others.

#### **Values and Guiding Principles**

Our core value is to put the needs, safety concerns and outcomes for the persons who receive services first. To this end, Bonaventure Support Services Ltd is guided by our commitment to:

- Caring for Others
- Respectful & Honest Communication
- Integrity and Accountability
- Advocacy & Inclusion
- o Understanding Approaches to Care for Individuals with Disabilities
- Competence and Professionalism
- o Self-Care
- o Individuality and Creativity; everyone has something to contribute!
- Supporting Through Relationships

#### Accreditation

Bonaventure was awarded its first three-year CARF Accreditation (Commission on Accreditation of Rehabilitation Facilities) in 2015 and continues to successfully maintain CARF Standards.

CARF is an independent accrediting body whose mission is to promote the quality, value, and optimal outcomes of services through a consultative accreditation process that centers on enhancing the lives of the persons served. In keeping with CARF Standards, BSS has established a process for Continuous Quality Improvement and continues to demonstrate commitment to continually improving services, encouraging feedback and participation within the community.



#### **Code of Ethics**

- We will respect the right of individuals to make decisions affecting their life unless exercising those rights would cause harm to the individual or others.
- We will treat all people with respect and value each person for their capacities and contributions.
- We will treat all personal information acquired in the course of our duties as confidential.
- We will provide support and services to the best of our ability, adhering to professional standards.
- We will respect the dignity and privacy of the people we support while carrying out our duties.
- We will not engage in, or support, the exploitation of individuals or families for private or personal gain.
- We will not discriminate against any individual based on race, religion, gender, sexual orientation, political belief, ancestry, age, ability, or marital status.

#### **Cultural Diversity Commitment**

Our team is committed to fostering and honoring your cultural beliefs. Through a person-centered approach we will respect, and address the unique needs, worth, thoughts, communications, actions, customs, beliefs, and values that reflect an individual/s racial, ethnic, religious, and/or social groups or sexual orientation.

#### **Bonaventure Support Workers**

Our support workers were chosen to work with us because they bring with them:

- Values that promote inclusion and community participation
- Experience working with people with diverse abilities
- Additional training that assists them to support people with developmental disabilities

All our employees are screened prior to working with us.

#### This includes:

 Criminal Records Checks, with those working with Children and Youth having additional criminal record checks completed by MCFD through a centralized HUB;

- Medical Fitness;
- A valid BC Driver's license with a safe and clean drivers abstract.

Our employees are training in a variety of areas including:

- First Aid and CPR with training regularly updated;
- o Trauma Informed Practice;
- SIVA: Supporting Individuals through Valued Attachments which is Positive Behaviour Support and planning;
- o Suicide prevention.

#### Choosing support workers to work with you



It is important to us that you feel comfortable with your support workers. If at any time you feel uncomfortable or have any concerns about the support, you are receiving then you or your family member should speak with the program manager.

They will work with you to see if there is anything that can be done to make things better for you.

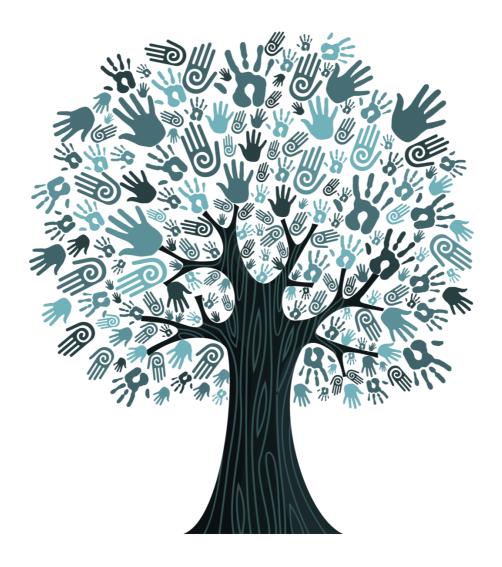
#### **Conflict of Interest**

A conflict of interest is when someone finds themselves in a situation where they may be personally involved or have a special interest that makes it hard for them to do their job. An example would be, if someone moved into one of the Bonaventure Support Services homes and that home was managed by one of their family members.

If any situation like this or a similar did happen in a Bonaventure Support Services Programs, we would look at each situation individually and try to make a plan that meets with everyone's approval. Our goal would be to ensure that people don't think someone is getting special treatment and that the needs of the individual are being met. We would listen to the person who will be getting support and the person who might be in a "conflict of interest". We would make sure we follow the rules of employment standards (employee rights) and ensure there is someone to review the plan of support who is not in a conflict of interest.

It is everyone's responsibility to disclose any known conflict of interest.

# Chapter 2



# Employment Services

#### **Employment**

All individuals supported by Bonaventure Support Services have diverse support needs with our services built on their strengths, reflecting the physical, developmental, cultural, spiritual, and emotional characteristics of all those we support.

Bonaventure Support Services is contracted by Community Living British Columbia (CLBC) to provide employment services.

Bonaventure Support Services has the expertise to support CLBC eligible adults to find and keep work, using approaches that recognize your unique skills and abilities.

The kind of support you receive will depend on your unique skills, abilities, and support needs.

When the employment service becomes available your supports needs will be identified in collaboration with your entire support team and outlined in your employment plan.

#### Why is employment important?

Employment is an important way for us to belong and contribute to our community.

When we work, we:

- o Feel included
- Have a sense of belonging
- Are happier and more self-confident
- o Increase our friendship circles and social opportunities
- Have greater financial security and independence
- Expand our skills and abilities

#### Why would you want to be employed?

- To learn new skills and increase your abilities
- To earn your own money, having greater financial security
- o To meet new people and make new friends
- o To build your confidence and self-esteem
- o To increase your independence
- To contribute to your own community and have a sense of belonging
- To provide for your family

#### What do we do to support your employment journey?

Through an individualized, person-centred approach we will assist you to identify and obtain meaningful, paid, sustainable, employment through a discovery process that identifies and highlights your skills and abilities and matches those with the needs of local employers.

Our employment support team works with you (the employee) and potential or current employers to support on the job

**Discovery** is a process that we use to better understand your skills, abilities, preferences, personal qualities, interests, ideal working conditions, previous work experience, educational background, challenges, and your support needs.

training, job coaching, accessibility and accommodations, and successful workplace relationships. Our goal is to help you obtain and maintain meaningful, paid employment, which can expand your social networks, increase your independence, self-determination, and economic well-being.

#### We will support you by:

- Identifying your interests and abilities
- Developing your skills needed to get ready for or support advancing your employment
- Search for a job that matches your interests and skills
- Help you in applying for a job
- Support your transition into the workplace
- Checking in with you as often as needed to see how you're doing

#### YOU....

- o decide what kind of work you want to do
- o will not and should not be rushed if you are not ready to work
- o will get paid for the work you do
- o will get the same amount of money as others doing the same job
- o and your team will work together to talk about your dreams and desires
- o will have a choice to work in the environment that suits your personality
- o have the right to be fully included in your workplace
- should feel that your co-workers respect you as an equal
- o will be supported to do the job to the best of your ability
- will have supports and accommodations in place for as long as is needed to be able to do the job
- have a right to know how you are doing in your job
- o have the right to choose a new job if the one you have is not what you want

#### How does Bonaventure support your employer?

Bonaventure creates mutually beneficial working relationships between local businesses and people with developmental disabilities by matching the skills of job seekers with the needs of employers.

We offer support every step of the way to ensure that we make the best match for our community partners/local businesses:

- o We present qualified job seekers for job placement
- We analyze the potential employers' processes to offer support with effective on-boarding and management
- We assist the employer and yourself with training and adaptations as needed
- Our team is available to support changes or increase to job duties as needed

#### **Referrals**

Individuals and families wanting to access our employment services must be approved for eligibility through CLBC. CLBC provides the referrals to Bonaventure, with CLBC confirming who will be given the program vacancy.

A CLBC facilitator will work with you and your family to explore, identify, and access the possibilities and opportunities for employment in a way that recognizes your unique needs and the abilities of you or your family member.

#### **Waiting Times**

Once you have been offered support and have accepted services you will be informed as to whether you can start right away or if you must be placed on a waitlist. We are committed to communicating with you as clear as possible through the intake process.

#### **Program Costs**

There is no cost for participation in our employment programs, with funding coming directly from Community Living British Columbia.

#### **Financial Obligations Once Employed**

When you are seeking a new job or when you start a job you may have extra costs, which your team at BSS will support you to budget for from your personal funds.

Some of these costs may be:

- o Purchase work appropriate clothing or required safety gear (such as work boots or rain gear)
- Transportation to and from work
- Haircuts or personal appearance related items
- Cost of Certifications/Recertifications such as First Aid or Serving It Right

You will also have additional financial obligations:

- o Paying Income Tax: When you receive a pay cheque your employer is required by law to deduct income tax, this information is usually located on your pay stub.
- o Reporting Income: When you are receiving PWD you are obligated to report all earnings for each month.

The employment team will support you to learn more about both income tax and other benefit deductions and well as completing your monthly income reporting.

#### **Transition Planning**

We will work with you to create a transition plan which will clearly detail when, what and who is involved in the process for it to be as smooth as possible.

Planning for your transition into the Program can be a very stressful process for some people, I want to reassure you that we will protect you from undue stress by:

- o Ensuring you are involved in all the planning and upcoming changes as much as is possible;
- Ensure that you and your support circle are kept well informed and included in every step of the process

#### **Intake Documentation**

As part of the admissions and intake process to the employment program you will be requested to complete, with support various documents. These may include Consents, reviewing your rights, gathering information about you, your preferences, and any accommodations you may have.

#### 9 Guiding principles for Supported Employment

The Canadian Association for Supported Employment (CASE) was established in 1999 and is a national association of community-based service providers and stakeholders who are active and invested in employment for persons with disabilities. This association strives to promote full citizenship and personal capacity for persons with disabilities through the facilitation of increased labour market participation and outcomes. CASE defined nine guiding principles or Best Practices for supported employment.

- Choice and Control Employment support is guided by the job seeker to achieve their career aspirations.
- Paid Employment The Job Seeker receives the same rate of pay and benefits as other employees doing the same job. Individuals with competitive positions receive their pay cheques directly from the employer.
- Partnership Job Seekers, employers, direct service providers determine the individualized strategies for providing support that will assist in career enhancement and ultimately facilitate long term satisfaction for the Job Seeker and the employer.
- o **Full inclusion** Socially and economically.
- o **Job Search** Timely and appropriate support is provided to achieve successful employment.
- o **Individualized** Negotiate to meet the unique/specific needs of the employer and skills of the job seeker, one person at a time.
- Natural Supports Employment supports are as unobtrusive as possible and (may) fade over time by building on community support and social capital.
- Long-term support Is available to all stakeholders to ensure people maintain employment stability and achieve career enhancement
- **Continuous quality improvement** Stakeholders are involved in the evaluation of services and Service provider implements improvements.

#### Employment Service options offered by Bonaventure Support:

#### What is Customized Employment?

Customized employment is when Bonaventure works with you to understand your unique skills and abilities through a person-centered process known as *Discovery*. We will work with a local business to define a role in their workplace that is mutually beneficial for both you and the employer, and which recognizes and embraces your unique skillset and job preferences.

We will work with both you and your employer to ensure that you are well supported and successful in your role. With time these supports will be faded and replaced with natural supports within the workplace.

#### What is Supported Employment?

Supported employment is a partnership between
Bonaventure, 'you' as the job seeker and an employer. We will work with you and the employer to adjust and adapt to an existing job so that you can be successful in the position. It is a partnership that matches the needs of the employer with your skills

We will work alongside you as long as needed and will gradually fade out our supports as you become more independent, secure, and confident in your role.

#### What is Self-Employment?

Self-employment is when you generate your own income directly from clients or customers. Using a personcentered approach, we will support you in building a business directly from your interests, passions, and skills.

We will work with you as a part of your team to ensure that you are well supported and successful in your role as you build your business, assisting with various components of your business as needed. With time these supports will be faded.



#### Steps to Employment

\*The below steps will vary depending on which program you are being supported in



#### **Program Eligibility Criteria**

Our adult service programs are funded by Community Living British Columbia (CLBC), with admission criteria defined by the CLBC facilitator.

The eligibility criteria have been defined by Bonaventure Support Services together with the Community Living British Columbia (CLBC), who have defined the eligibility criteria, and Bonaventure the intake and assessment steps and processes.

Regardless of how well the planning process has been followed, the experience of transitioning into a new program can be a confusing and unsettling one for you or your family member which can have negative effects for the chances of it being successful.

We help you understand and reduce negative effects by arranging an intake meeting and tour of the program to familiarize you or your family member with the surroundings and your support team. The Employment team will also make time to discuss with you the information outlined in this Handbook and will ask for specific information concerning the health and safety of you or your family member.

When you participate in the Bonaventure Employment Program, you are agreeing to:

- Having valid ID, including a Social Insurance Number, or intend to apply for these with assistance from the Employment Program Team.
- o Attend all scheduled appointments with your employment team or potential employer
- Inform your Employment Team if you are unable to attend an appointment
- Bringing a positive, job ready attitude.
- Be open and honest with your Employment Team to ensure all supports are in place.
- Contacting your Employment Team right away if you need more support at your job or within the program.
- Keep your support staff up to date on any changes and how your job or job search is progressing.
- o Discuss with your Employment Team if your interest or motivation in job search has changed.

#### **Transportation**

You will be responsible for all transportation and getting to and from:

- Your appointment times with the employment services team,
- Job related activities visiting work sites, going for interviews, training, or orientation

The Employment Support team will help you to learn how to get to and from your job interviews or work experiences should you need to use public transit.

When you are considering a job offer, you will need to think about transportation:

- o How far away is the job site from your home?
- o How will you get to and from work?
- O Is the job close to public transit?
- O Is public transit available at your work or shift times?
- o Can your family, caregiver or someone in your support network help you?

#### **Accessibility**

Bonaventure will do their best to promote accessibility and remove barriers that may limit you from living your full potential. If you have limited or challenging mobility, and/or need accessibility tools that support equal access and full participation in community or the Bonaventure program we will make an effort to remove these barriers.

If you have sensory challenges, lets us know so we can reduce noise levels, lighting or offer comfy furniture that makes you more restful.

- Communication is a vital part of successful support. If you use a communication device, it's important to teach the support team how to use it.
- Community participation is important, so if you need special tools, adaptive technology, or equipment to help you access your preferred activities, we will work with you and your family to ensure we have them available to you. Maybe you have a special group or club that is important for you to continue participation.

#### **Technology**

You will have access to desktop computer at each program, with the primary use of the computer being to support you with:

- Creating resumes
- Job hunting
- Job training and online certifications

We may in extenuating circumstances be required to adapt services to be delivered virtually. Should we have to adjust service delivery, you will be requested to sign off on approval to do so and

will be provided training and resources on how to access social media/digital media and most importantly safety in accessing these options.

#### Communication

Communication with you, your parent/guardian or caregivers is an important part of keeping you safe and making sure you are happy with the program.

It is very important that we have open communication with you, your family, or caregivers on a regular basis. It is important for us to know as much as we can about you or your family member when you first join the program, so we can fully support you.

Sometimes it is hard to tell us what is wrong. Sometimes we use pictures to help us communicate with each other. Sometimes we talk to your parent/guardian or other people who spend lots of time with you, to learn more about you, what you like, and what you don't like.

We need to know things such as:

- Up-to-date contact information, including names and phone numbers of emergency contacts
- o Health concerns
- Personal care supports you require
- Health and/or safety supports that you require
- When you would like to spend time away from the home, such as a vacation, time away with your family or friends,
- Your transportation needs (such as how you are travelling, who you are allowed to travel with, changes to drop off or pick up times or locations)
- Any changes in life that might affect you in the program

You can communicate any changes in-person, by phone or email.

If you or your family member is not well or has hurt themselves, we will communicate with your guardian/caregiver by phone. We will of course do our best to support you or your family member should you/they become ill during your time at the program. Should you require a medical intervention we will support you to meet with a physician for further assessments.

#### School, College, and Community Participation

If you or your family member attends school, is home schooled, attends college, or has special activities that you enjoy daily, we ask that you share what your daily schedule looks like so that during your time receiving employment services with us we can honour your current schedule.

#### **Medication Administration Support**

Medication administration support is an important part of the services that we provide. All individuals within the employment services programs are responsible for self-administration of all medications.

Self-administering medication safely and accurately is an important part of supporting your health and safety needs. We do not take on this task alone, relying on teamwork from your Pharmacists, Medical Professionals, Caregivers or Parents, your Support teams and most importantly you. A

Medication routine is an important part of ensuring our you remain healthy, both mentally and physically. Your Program Manager will schedule a bi-annual Medication Review through the pharmacist to support you to understand the use and self-administration of your meds, including when to take them and if there are any side effects.

To support your self-administering of medications that are prescribed to you (and only you), we require that all those medications are placed in special packaging, called blister packs or multi-dose pouch packaging. These blister packs will then be placed in a locked cabinet within the inclusion program, with any medications that require refrigeration being placed in a locked box in the refrigerator.

Your support team will provide reminders and prompts to self-administer your prescribed medications at the indicated times

You will be required to sign a Medication Management Release form which will confirm your acceptance of your medications for self-administration at the program.

#### **Visitors and Guests**

Bonaventure encourages building and strengthening all existing support networks you may have, however when it comes to visiting the program there a few guidelines we ask you to follow to ensure we are able to keep you and the other individuals in the program safe.

If you would like to have a visitor at the program, they must be pre-approved by the Program Manager, as well has being scheduled at an agreed upon time to respect the needs and privacy of other individuals in the program.

Visitors are expected to follow the same programs rules and guidelines as you have been asked to.

#### **Employment Support Planning and Your Goals**

Through an individualized, person-centred approach we will assist you to identify and obtain meaningful, paid, sustainable, employment by developing your employment support plan. The plan identifies and highlights your skills and abilities and matches those with the needs of local employers.

It is important to us that you are involved in the planning of your services. We involve you in the planning of your service by participating in something called an Employment Support Plan which is put together in a booklet called, "My Plan".

In person centered planning, your support network focuses on you or your family members vision of what they would like to do in the future. Person-Centered Planning is an ongoing problemsolving process used to help you and other people with diverse abilities plan for their future.

We create your Employment Support Plan with you by:

- Listening to what you want and where you want to go
- Asking what you need to get there
- Deciding how we can best help you get there

Sometimes it is difficult telling others what you want and where you want to go. You may choose to have someone come to your planning meetings to help support you.

Your Employment team meets to identify employment opportunities (or goals) for you and developing the skills and abilities needed to achieve what we call SMART goals.

#### What are SMART Goals?

**SMART** goals are established using a specific set of criteria that ensure your goals are attainable. SMART is an acronym that stands for:

- o **S**pecific,
- o Measurable,
- o Achievable,
- o Relevant and
- o Time –Bound

Once you have met and talked about your plan, you will then write it all down.

This written plan will include:

- Your strengths and needs
- Your goals (the things you want to do)
- What everyone will do to help you achieve those goals
- o How long it might take to achieve those Goals

Employment Support Planning depends on the commitment of your whole support team who care about you or your family member with your support team and you responsible for taking the action needed to make sure that the strategies discussed in your planning meetings are implemented.

A copy of the Employment Support Plan is given to you and to the people to whom you have chosen. A copy is also put in your personal file. You can look at it any time. The staff that supports you will look at this because it will help them to know about the goals that you are working on. It will also help them to know what to do to help you achieve your goals.

Your Plan has a strong focus on your visions, dreams, goals, and strengths, and is reviewed with you every year. When it is reviewed, you can decide to set new goals or to keep working on goals set in your last Employment Support Plan.

#### **Program Rules and Guidelines**

There are a few important rules in place at every program to ensure everyone's health and safety, which are:

- ◆ To create a successful and positive environment for everyone we expect that
  there will be no violent or aggressive behaviours such as physical violence,
  intimidation or yelling by support workers, you, or your family member
- ♣ ALL BSS programs are non-smoking or smoke free environments, with no smoking allowed in any program vehicles. Smoking in only permitted in designated areas
- We respect confidentiality and we expect you to respect the confidentiality of others
- ◆ As you may understand it is extremely important that our programs are safe for everyone attending, for that reason the following <u>illicit items are not</u> <u>allowed and will be confiscated immediately</u>: Illegal Drugs and Weapons

In addition to the above rules, each program has their own list of guidelines.

During the intake process you will be made aware of individual programs rules and guidelines before you begin services with us.

If any of these rules are broken, you may be restricted from participating in the program.

If you are restricted, a team meeting including yourself will be had to speak to our concerns

## Chapter 3



# Rights and Responsibilities

#### **Your Rights**

Every person has rights. Rights outline someone's basic needs and how they should be treated, no matter who they are or where they live.

Rights belong to every person and cannot be taken away from you for any reason.

#### You have rights:

- As a person living in one of the United Nations
- As a Canadian and as a BC resident
- As a person with disabilities
- As a person participating in our programs and services

Bonaventure has written policies to protect your rights in areas such as ensuring freedom from abuse and neglect, your privacy, confidentiality, respectful treatment, living conditions, exercising personal choice and participation. We will go through these rights with you when you start receiving services from us. We will revisit them with you at least once a year or whenever you like.

Support workers also have access to this information so that they also know about your rights. If you ever need to report that you feel someone has violated your rights, it will not be used against you.

#### Your rights as a person living in one of the United Nations

On March 11, 2010, Canada ratified this important declaration. It outlines what countries have to do to make sure that people with disabilities have the same rights as everybody else.

This means that countries have agreed to have laws, policies, government support, technology that ensure children and adults with disabilities are:

- o free to make their own choices,
- o not discriminated against,
- o included in society,
- respected,
- o given equal opportunities and access to places,
- o given information that is understandable to them,
- o given access to housing, education, health care, and
- involved in making laws and policies.

#### Your rights as a person living in Canada

In 1982, the government of Canada told all Canadians about their rights in a document called the Canadian Charter of Rights and Freedoms.

Some of your rights included in this Charter are:

- the right to be treated fairly and equally regardless of your colour, sex, or age, or whether you
  have a physical or intellectual disability,
- o the right to choose your religion,
- o the right to your own thoughts and the right to talk about your thoughts,
- o the right to gather with other people,
- the right to vote,
- o the right to stay in Canada or to leave, and
- the right to learn.

The Charter also tells you that if anyone doesn't allow you your rights, then you can ask people to help you make sure that your rights are respected.

#### Your rights as a person living in BC

In BC, there is something called the BC Human Rights Code. It says that you cannot be discriminated against because you have a physical or intellectual disability.

The code says you have the right to access the same services as everyone else including restaurants, malls, transportation, and schools, work and get the same wages as everyone else, and be treated the same as all the other tenants if you rent an apartment or a house.

#### Your Rights to Other Kinds of Assistance in BC

Persons with disabilities who are 18 years or older in BC have the right to

benefits and services - Persons with Disability Pension (PWD).

Depending on your needs and your income, you are likely eligible for:

- A monthly support allowance,
- Medical coverage, including Medical Services Plan and Pharma Care coverage, as well as other medical benefits such as glasses or dental care,
- An annual bus pass through your PWD benefits

#### Your rights as a person receiving services

Community Living BC Community Living British Columbia (CLBC) is supported by funding from the BC Ministry of Social Development and Poverty Reduction. CLBC was started by individuals and families who wanted to be more involved in making decisions about their lives.

In 2001, the provincial government said they wanted to find different ways in which decisions about individuals with disabilities, children with special needs and their families could be made. It made sense to everyone that these decisions needed to be made by those most affected. CLBC



exists to help plan, fund and monitor supports and services for adults. Children with special needs have access to social workers through the Ministry of Children and Family Development.

CLBC has facilitators who can help you plan for the kinds of supports you want. It also has analysts who make decisions about funding and waitlists.

For more information you can look on its website, or you can ask a support person or family member to do this for you: <a href="https://www.communitylivingbc.ca">www.communitylivingbc.ca</a>

- Some of the services you might be eligible for include:
- o Services from a facilitator to help you make a Personal Support Plan,
- Services such as nursing, physiotherapy, and occupational therapy,
- Mental Health services and/or an assessment from the Developmental Disability Mental Health Support Team (DDMHT),
- Various forms of funding, such as Individualized Funding, and
- Referrals to specific programs, such as residential, employment, respite, counselling, community inclusion.

#### How We Ensure You're Getting the Services You Need from Bonaventure?

Bonaventure Support Services monitors the services provided to you in a variety of ways:

- o Through your annual Person-Centered Plan (PCP) "My Plan",
- Regular contact with an analyst from CLBC,
- People from the Commission on Accreditation of Rehabilitation Facilities (CARF) visit
   Bonaventure to review how we are doing in maintaining our standards of service to you,
- Annual Satisfaction Surveys you can participate in,
- o Annually renewing our quality improvement plans, and
- Annual review of the use of our conflict resolution process to see if we can improve.

#### **Privacy and Confidentiality**

Bonaventure Support Services provides high quality individual support based on your strengths, needs, abilities, preferences, and goals. To have a full picture of what those entails, we collect information from a variety of services to allow us to have a better picture of the supports needed.

All employees of Bonaventure Support Services sign a statement of confidentiality upon hire and are review yearly of their professional ethics and obligation.

You and other participants must sign a "Consent for Release of Information" before anyone from Bonaventure will share information on you or your family member to another party. The contractor of your funding can request our documents at any time based on our contractual requirements.

We work diligently to ensure your confidential information is properly maintained, that your privacy is respected, and services are free from abuse, financial exploitation, retaliation, humiliating and neglect.

There are a few exceptions that could arise regarding your confidentiality:

- o A serious, immediate threat to your life or welfare
- o A serious, immediate threat to the life of welfare of another person
- As suspicion of child abuse
- A report of imminent danger to the community at large
- o A law or court subpoena that has authority to request our files
- o A criminal investigation
- o A disease reportable by a health law

#### Your right to privacy at Bonaventure Support Services

Privacy means that information about you in confidential:

• When you turn 19 in BC you become an adult. As an adult you need to give people permission to discuss things about you.

Sometimes this means that you choose for us to not share information to your support network (family/ friends) about you as this is a right as an adult. Before you talk to someone at Community Living you can ask if they can keep something "confidential."

That means that what you say is private and won't be told to anyone else.

There are however some things that cannot be kept confidential. For example, if you say someone is abusing you, the person you tell may have to tell your supervisor or the police.

#### Privacy Also Means:

- That you have the right to be alone, if you so choose,
- That people should ask if it is okay with you before they come into your private space, and
- That people should not look at, touch, or take your private things without your permission.

We respect your privacy at Bonaventure Support Services by:

- o Making Bonaventure Support Services staff aware of your right to privacy
- Not talking about you to people who do not need to know about you
- Not sharing information about you until you, or someone you have chosen, say it is okay to do
   so
- Keeping written information about you in a locked place
- Respecting your right to privacy when we help you with personal care
- Supporting you to respect the privacy of others

#### Your Rights and Information about You

Bonaventure Support Services will ask you and your family or support network to share with us information about you. We keep that information so that people who support you know what you like and what you need.

Where Do We Keep the Information?

We keep information about you on our computer program, called 'ShareVision' and in your personal binder which is locked away. Only the people who need to know about you have access to the ShareVision site and need a password to access the information or have access to the locked cabinet.

#### Can You Look at the Information?

Yes. You can look at the information about you at any time. Ask your support worker or program manager and they will go through your ShareVision site or personal binder with you.

#### What Information Might We Keep About You?

- Care Plan: This plan describes where you live and who you want us to call if there is an emergency. It also tells us about your health, medications that you take and about any safety concerns that we should know about. It speaks about personal health needs if you require special supports. For example, if you need help with eating, moving, or bathing.
- Behaviour Interventions and Support: If you need help when you get angry, anxious, or frustrated, this tells us and other people how to give you the help you need to keep you and other people safe.
- My Plan: Once a year you can ask family, friends, and support people to plan certain aspects of your life with you. A copy of your plan is in your PCP binder on site and can also be sent to others such as family members if you wish.
- Daily Journal: On your ShareVision site, there is a place to write notes about important things that are happening in your life.
- Critical Incident Report: If something serious happens that involves you, we might have to tell someone like an MCFD worker. We write a report called a Critical Incident Report. A copy of it is kept in your file and is sent to others as necessary.
- Other Reports: People from other agencies or Mental Health or a physiotherapist may, with your permission, give us a report about what you need. We keep these reports in your file.

#### **Your Responsibilities**

Along with rights you have responsibilities. When you make a choice, you are responsible for that choice. You also have a responsibility to respect the rights of other participants in your program, people who support you, and people you meet when you are out in the community. You have a responsibility to respect the right of other Canadians by treating people fairly and equally.

If you decide to join one of our groups, we expect you to:

- o Be safe.
- Have fun.
- Include everyone.
- Listen to others.
- o Let staff know what fun activities you would like to do.
- Challenge yourself to try new activities and explore unfamiliar places.
- Participate in the planning of your services and let your support worker know when you don't want to participate or need to take a break from the scheduled activity.

- Stay with the group.
- Respect other people's feelings, personal space, and property. Respect the rights and dignity of everyone else, including the people you live with and your support workers
- o Honour your commitments, appointments, and schedules
- Respect and help maintain your home or program
- Keep your home or program safe this means not bringing home any illegal or legal drugs, alcohol, tobacco or nicotine products, any type of weapon or anything with offensive language or pictures
- Respect the privacy of others and their personal possessions

We are there to remind you, encourage you, and support you to do these things.

#### Your Responsibilities and Your Health and Safety

It is your job to let your Bonaventure know of any health or safety concerns that you have.

We need to know things about like:

- The medications you take
- Medical health concerns that you have
- Health and/or safety supports that you need
- o If it is hard for you to tell us about these things, someone who knows you well should tell us.

You also have a responsibility to tell us if you do not feel safe:

- When you are at a Bonaventure home or program ?
- With someone at Bonaventure
- When you are out in the community
- o When you are in a vehicle

Your Responsibilities in Case of an Emergency

If there is a fire or an earthquake, or if there is a fire drill, you have a responsibility to:

- o try to remain calm,
- leave the building,
- o let staff know if you or anyone else is having trouble, and
- o follow the safety instructions of staff or emergency personnel.

For further information, please see our chapter on Health and Safety.

#### **Self-Advocacy**

Self-advocacy means you can ask for what you need and want and tell people about your thoughts and feelings.

It's important you speak up for yourself and the things that are important to you.

Self-Advocacy is about having choices, with all people having equal rights to make informed decisions and informed choices that are good for them.

#### Self-Advocacy

- is about speaking up for yourself
- o is about asking for what you need
- is about negotiating (working with others to reach an agreement that will meet your needs)
- o is about knowing your rights and responsibilities
- o is about finding and using resources to help you
- o is about having a say about your life

You can be a self-advocate by:

- Participating in the Person-Centred Planning of your choice
- Letting people know if you are happy or unhappy with your services
- Making choices about what you want to do and with whom

If you need any help speaking for yourself or getting your ideas across to others, we will help you.

Your family, friends and self-advocacy group may be able to help you as well.

#### **Self-Advocacy Group**

Bonaventure's Self-Advocacy Group is an active group of adult self-advocates who meet regularly with a support team member. The group explores topics of interest to them and sometimes will act on an issue. In addition, this group will provide feedback to Bonaventure Support Services about their services and delivery.

This group meets the last Friday every month from 10am-12:00. Individuals meet at the Nanaimo Community Inclusion program. This meeting does not affect participants' direct service hours. For more information, or to sign up for the Self-Advocacy Group, please email the *Community Inclusion Assistant Manager*: <a href="mailto:amic\_nan@bonaventuresupport.com">amic\_nan@bonaventuresupport.com</a>

# Chapter 4

## **Health & Safety**



Your team at Bonaventure takes all reasonable steps to reduce the level of risk that you or your family member may be exposed to in the physical environment of the service setting.

All Bonaventure Support programs have written procedures to help you if there is an emergency.

When you begin services with Bonaventure, your support worker will go over these with you and show you your role in the emergency preparedness plan for your home.

We practice our emergency procedures each month, and it is your responsibility to be involved in these drills if they occur during your stay with us.

#### Fire and Earthquake

Support workers ensure that you or your family member have been informed about what to do in the event of a fire or other emergency. Support workers will provide help to you, or your family member should you require assistance in an emergency.

The following fire safety precautions are in place and maintained:

- A fire safety/emergency plan is prepared and posted in a conspicuous area on each floor
- Fire drills are practiced monthly and immediately following your placement in the service setting
- o Emergency numbers are clearly posted beside each telephone
- o All fire extinguishers are maintained in working order and are readily available

If there is a fire, earthquake, or other emergency, we will help you to:

- Leave the building or be moved to a safe place until help arrives
- o Get out of the building if you have trouble walking
- Follow the safety plan that is drawn, which is a map of your building
- Participate in the practice drills and discussions as appropriate

#### **Medical Emergencies**

If you have a medical emergency:

- the first person on the scene will give you first aid
- o a support person will go to get information about you so that we can give you the best support
- o a support person will assist you to go to a medical clinic if needed,
- o a support person will call 911, if necessary
- your caregiver and/or family will be called

#### **Universal Precautions**

Bonaventure support workers are trained in Universal Health Precautions. If someone meets blood or other body fluids, they will follow safety steps.

#### First Aid

All Bonaventure Support Workers have First Aid Training with First Aid Kits located at all our sites and in all our vehicles. By following these steps, they are less likely to come in contact with a communicable disease. That way the people who support you stay safe and so do you.

To prevent support persons from coming in contact with blood or other body fluids they will:

- o wear gloves when appropriate
- follow proper hand washing procedures
- o follow proper clean up procedures

If you come in contact with blood or other body fluids, we will help you to make sure you are safe.

#### **Community Safety**

We encourage people to participate in their community as much as possible. Nanaimo and surrounding areas have wonderful activities and places to explore! Although our communities are considered very safe, it is important to be prepared for any possible risk factors.

We will help you by:

- Providing bus safety planning
- Making sure you have adequate supports to access the community
- Providing education about strangers and accessing emergency personnel (police/fire/ambulance)
- Keeping your information private

#### Your Personal Health and Safety

When you first come to BSS, we will need you to share with us what you need to keep safe. We write the information down in plans such as your Health Care Plan and your Safety Plan. It is also important that you tell us about important changes when they happen.

We will ask questions about:

- The medications you take
- Health concerns you have
- Safety concerns you have
- Personal care supports you require
- o If you need help at mealtime

#### **Transportation during severe weather events**

On days when we are experiencing severe weather events, such as lots of rain or snow will may make the decision to limit the use of vehicles for the program, specifically related to any unnecessary trips such like: community-based activities like the library or recreation centre.

Our primary concern will always be the health & safety of not only you, but also the support worker who will be expected to drive. We will of course do our best to ensure your you arrive home or that your pickup from respite at the agreed upon time.

#### **Positive Behaviour Supports**

Sometimes you may need a little extra help when you get angry, anxious, or frustrated. Our employees are all trained in SIVA (Supporting Individuals through Value Attachments) – to help support you through these times.

SIVA places an emphasis on building positive relationships, empowering you to change your own behaviour, strengthening self-regulation and promoting de-escalation.

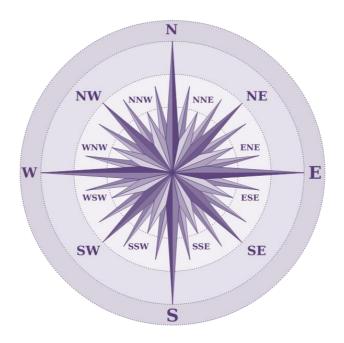
Bonaventure support workers positive approach to behaviour supports for you emphasizes the importance of recognizing and understanding that behaviours are a form of communication.

However, if a behaviour becomes hazardous to you or others your support workers may need to intervene to prevent serious harm or injury to yourself or to others.



When you're grounded in safety, you're ready to grow.

## Chapter 5



**Complaints Process** 

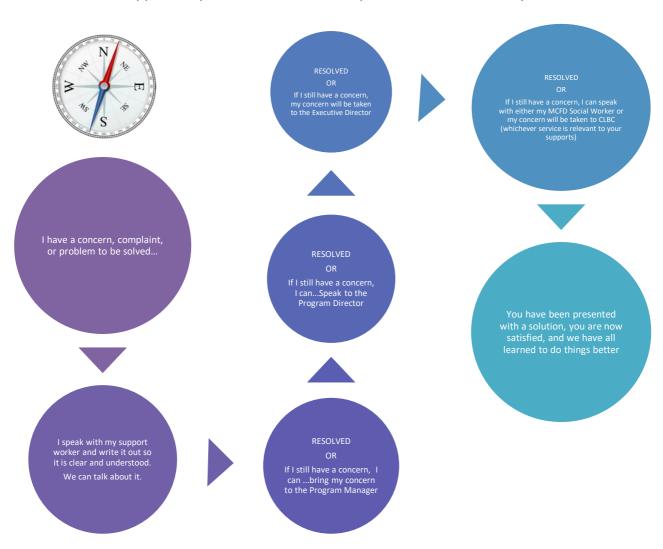
#### **Complaint Process**

Individuals and families have the right to have their concerns heard and dealt with respectfully and in a timely manner.

A concern is: a problem or condition related to the program in which you live, participate which that person believes to be unfair, unequal, unsafe, discriminatory, or a limitation in realizing his/her/their development or full potential.

You have the right to have your concerns heard and dealt with respectfully and in a timely manner without any kind of revenge or retaliation. We encourage you to get help with the problems you are experiencing or any concerns you may have by empowering yourself to be active, respectful problem solvers. It is important that situations are dealt with in a timely and respectful manner.

We hope to have the concern resolved within 2-3 days. Your concerns are important to us, and we want to have the opportunity to address them as they arise in a successful way.



#### **Complaint Procedure**

- 1. When you have a concern, we encourage you to talk about your dissatisfaction with either your support worker or your program manager.
- 2. You will be given the option to fill out an "I have a concern form," and have a verbal discuss with the program manager, social worker, or family member to help them find a resolution.
- 3. Once you have completed and submitted a "I have a concern form", it will be discussed with you as soon as possible, but no later than 48 hours later.
- 4. If you can't write out the concern, you can either ask your support worker to assist you or your program manager, and they will fill out the form on your behalf.
- 5. You will be given an opportunity to discuss your concern with the program manager ways to solve the problem, and we can also support you to speak to the other person if possible.
- 6. Once we have gone through the above steps in the process and if you are still unhappy with the process, then we will forward your concern onto the Program Director
- 7. Once we have gone through the above steps in the process and if you are still unhappy with the process, then we will forward your concern onto the Executive Director
- 8. If you are still unhappy once our agency has gone through all the above steps to resolve the concern, then we will inform CLBC who will start their complaint resolution process

#### **Complaint Policy**

The Complaint Resolution policy is intended to:

- Provide the opportunity to resolve a conflict or concern quickly, fairly and without reprisal or retaliation;
- Improve communication and understanding between individuals and Bonaventure employees or other individuals;
- Ensure confidence in management decision by providing a mechanism whereby management decisions can be objectively reviewed;
- Support a positive work environment by delegating responsibility for preventing and resolving conflicts and concerns;
- o Identify organization policies and procedures which need to be clarified or modified; and
- o To improve the quality-of-service delivery.

Retaliation or barriers to services against an individual who initiates concern/conflict resolution or makes a complaint or participates in a problem resolution exercise will <u>not</u> be tolerated and will be subject to disciplinary action.

All concerns will be handled in a confidential manner. Information concerning a concern or action taken because of the investigation will not be released to anyone who is not involved with the resolution.

# Chapter 6

## Resources



#### **Resources**

WorkBC

WEBSITE: https://www.workbc.ca/

WorkSafeBC

WEBSITE: https://www.worksafebc.com/en

BC Aboriginal Network on Disability Society

PHONE: 250-381-7303

E-MAIL: <u>bcands@bcands.bc.ca</u>
WEBSITE: http://www.bcands.bc.ca/

VISIT: #6-1610 Island Highway, Victoria, BC, V9B 1H8

Community Living BC PHONE: 1-877-660-2522

WEBSITE: www.communitylivingbc.ca

E-MAIL: CLBCInfo@gov.bc.ca

VISIT:

**Inclusion BC** 

PHONE: 1-844-488-4321

WEBSITE: <a href="www.inclusionbc.org">www.inclusionbc.org</a> E-MAIL: <a href="advocacy@inclusionbc.org">advocacy@inclusionbc.org</a>

**BC Self-Advocacy Organizations** 

PHONE: (250) 753-1907 E-MAIL: info@salnanaimo.ca

VISIT: 271 Pine Street, Nanaimo, BC V9R 2B7

BC Office of the Ombudsperson

PHONE: 1-800-567-3247

WEBSITE: www.bcombudsperson.ca

VISIT: 2nd Floor - 947 Fort Street, Victoria, BC

BC Human Rights Coalition PHONE: 1-877-689-8474

WEBSITE: www.bchumanrights.org

Advocate for Service Quality

PHONE: 604-775-1238

WEBSITE: https://www2.gov.bc.ca/gov/content/family-social-supports/services-for-people-with-

disabilities/supports-services/advocate-for-service-quality

E-MAIL: ASQ@gov.bc.ca

Action Committee of People with Disabilities

PHONE: 250-383-4105

E-MAIL: <a href="mailto:actioncommittee@shaw.ca">actioncommittee@shaw.ca</a>
WEBSITE: <a href="mailto:https://actioncommittee.ca/">https://actioncommittee.ca/</a>
VISIT: 948 View Street, Victoria, BC, V8V 3L5

**BC Family Net** 

E-MAIL: <a href="mailto:info@familynet.org">info@familynet.org</a>
WEBSITE: <a href="mailto:www.bcfamilynet.org">www.bcfamilynet.org</a>

VISIT: 954 Wentworth Ave, North Vancouver, BC, V7R 1R7

Family Support Institute

PHONE: 604-540-8374 / Toll Free 1-800-441-5403

WEBSITE: https://familysupportbc.com/

VISIT: 227 6th Street, New Westminster, BC, V3L 3A5

Public Guardian and Trustee of British Columbia PHONE: 604-660-4444 / Toll Free 1-800-663-7867

WEBSITE: www.trustee.bc.ca

VISIT: 700-808 West Hastings Street, Vancouver, BC V6C 3L3

**Additional Resources** 

BC Ferries Pass - https://www.bcferries.com/accessibility

BC Bus Program- <a href="https://www2.gov.bc.ca/gov/content/transportation/passenger-travel/buses-taxis-limos/bus-pass">https://www2.gov.bc.ca/gov/content/transportation/passenger-travel/buses-taxis-limos/bus-pass</a>

## **Notes**

### **Supporting through relationships** 2022

Version 2



Facebook **f** 



Instagram.

