



THE BONAVENTURE BUZZ

Empowering Potential, together!

Welcome to the final edition of the Buzz for 2025! This December 2025 issue of the Bonaventure Buzz, our monthly newsletter, will highlight all the happenings within and around Bonaventure Support Services. This edition features many upcoming events, our Frontline Hero nominees, a link to the newest resource available for 12 -24 year olds in BC, and reminders of important dates coming up along with the Recreation Schedule plus loads of other tidbits of information!

As always, we welcome your input on future editions of the Buzz including articles you've enjoyed, favorite recipes, personal milestones, and anything else you'd like to celebrate!

Land Acknowledgement: "Bonaventure honors the rich heritage and traditions of the Coast Salish people, on whose lands we work, live, and play. We are committed to respecting and learning from the cultures that shape this land, as we strive to cultivate a community rooted in understanding and inclusivity."

From The Helm – Executive Director Christy Sudyko

The holiday season is here—a time for joy, reflection, and connection! While this season means different things to each of us, let's celebrate with kindness and respect for everyone's traditions and beliefs.

We're excited about the Annual Employee Dinner—a chance to share laughter, good food, and great company. It's one of the highlights of the year, and we can't wait to see you there!

CARF Update:

Our recent survey was a success! We received lots of positive feedback and no recommendations—just a few helpful consultations to make us even better. Thank you for the energy and dedication you bring to our programs and the individuals we serve. Once the final report is ready, we'll share it with you.

Looking Ahead to the New Year:

- Annual Sign-Offs: A new streamlined process through Payworks.
- Annual Satisfaction Surveys: Your voice matters—help us shape the future!
- Strategic Planning Day: Together, we'll set the course for the next few years.

Thank you for all you do—wishing you a joyful holiday season and a successful New Year!

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Welcome Aboard, John!

We would like to introduce John Kenney, our temporary manager at Anchor.

Since stepping in, John has made an immediate and positive impact, bringing strong leadership, professionalism, and a collaborative approach to the team.

John holds a bachelor's degree in child and Youth Care and has extensive experience in the field, including roles as a Program Supervisor, Supported Child Care Worker, and Daycare Manager. He also holds multiple certificates and licenses that support his expertise in managing youth programs.

We are confident in John's ability to oversee the Anchor home effectively and are thrilled to have his skills and experience contributing to the team.



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Foundry BC – Coming Soon!

Nanaimo has a new resource coming and it looks like an incredibly needed one.

<https://foundrybc.ca/>

Who We Are

Foundry's vision is to transform access to services for young people ages 12–24 in BC.

Our mission is to support young people in living a good life.

Foundry offers free and confidential mental health and wellness services for youth ages 12-24 in British Columbia and their families. No referrals are needed.

Foundry is a province-wide network of integrated health and wellness services for young people ages 12–24 and their families. We bring together multiple services together in one place — in person at Foundry centres and virtually through the Foundry BC app — to make it easier for youth to access care, connection and support.

Please share to your resources boards and let your 12–24-year-olds know 😊

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FRONTLINE HERO NOMINATIONS!

Everyday Heroes: The Heart of Our Work.

Our everyday heroes are the backbone of what we do, ordinary people who show extraordinary courage, kindness, and integrity in their daily lives. Through quiet moments of resolve or small acts of compassion, they make a lasting impact on our programs and the communities we serve.

NICOLE WILSON
HANNAH SWORTS
ALLIAH MIZE
COLIN BRESEE
RHIANNE WILLIAMS
GARY LAMBERT
MEGHAN O' SULLIVAN
JULIETTE PLIJNAAR
ANGELA HUMMEL
MARTIN DE GUZMAN
CAITLIN WALSH
CORA SIMPSON
FRANCESCA PACCHIANO

AVERY WOODCOCK
BARBIE SCOTT
DARYL SETTER
AY ISIAKA
JO PARKER
JULIANA ASABEA WORAE
NEHA
SHAWN TANNER
TONY PALLER
LETIA SIMPSON
UKEME ETUK
MELISSA HOUSEMAN
DONNA HANSEY
OBINNA ONYEAKAZI
MICHIE MEUTERS-MURPHY
CASSI MAGNUSSON
CORAL WALKER

DEZIREE TINNEY
BROOKLYN FEWSTER
PAT FARRELL
DUSTIN ANDERSON
FATEMA ALHAWAJ
KEELY SILLS
BECCA RODWAY
KARINA CARVALHO
LESLEY SCHOLTE
RAHEEM MAMUDU
BRITTNEY BELL
TOM PARLEE
BRANDY SOUTH
KAREN ROSENDAL
CATHERINE VERKUYL
MILES BROWN
VIVI VIOLA DE GRAFF

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This is exciting news for employees that qualify for Manulife benefits!

As part of our ongoing commitment to employee well-being, starting January 1st, 2026, Manulife is introducing a comprehensive Menopause & Midlife Health support service at no additional cost to you.

Manulife Partners with Maven® for Enhanced Health Support

We're excited to announce a new benefit through our partnership with Maven®, a global leader in digital health. This service offers:

- Unlimited virtual consultations with experts on menopause and midlife health.
- Non-medical care support including 1:1 guidance from care advocates and access to 30+ specialists in 35+ languages.
- Tailored care plans personalized for individual needs and life stages.

Why it matters:

- 96% of employees feel more loyal to companies offering this support.
- Members using Maven are 3x more confident managing menopause health.

This service is free of claim expenses and designed to boost well-being, engagement, and productivity.

We are excited to help you build a healthier future and get more health from your benefits.

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Recreation Program

Check out what your Recreation Program has planned for you this month!

Any questions, please contact Becca via email

recreation@bonaventuresupport.com

<div>2025 DECEMBER</div> <div>Sing and Sign 11:30-12:30 Every Friday</div>						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Christmas card making 1 PVCi 	2	Batting cages 1-2 caged athletics 	3 Oliver woods 1:15-2:45 	Christmas Treat Baking 5 12:30-2 	6
7	Gingerbread house making 8 @ PCVI 	9	Bus to NAC 12-2 	10 Oliver woods 1:15-2:45 	Christmas lunch 12 12-3 	13
14	Wreath making 15 @ PVCi 	16	Self advocacy 1-2 Advocating for yourself around the holidays 	17 Oliver woods 1:15-2:45 	No Rec 19	20
21	Christmas party 22 	23	Christmas movie 24 Hot chocolate Pajama Party 10-1 	25 Closed	26 Closed	27
28	Vison Boards 29	30	Christmas clean up 31 Cooking club 11-3 			

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Important Dates to Remember

PAYROLL

PP26 we will have a deadline of Dec 16 for employees to submit their timesheet, for the pay period cutoff of December 21. Managers will need to have their timesheets approved no later than 10:00am December 18 when timesheets will be locked at that time.

STAT HOLIDAYS

Thursday, December 25th – Christmas Day

Friday, December 26th – Boxing Day

Head Office Holiday Hours

Wednesday, December 24th, 2025 - Closed at 2:00pm

Thursday, December 25th, 2025 – Closed

Friday, December 26th, 2025 – Closed

Wednesday, December 31st, 2025 – Closed at 4:00pm

Thursday, January 1st, 2026 – Closed

Friday, January 2nd, 2026 – Closed

Community Inclusion Holiday Hours

Thursday, December 25th, 2025 – Closed

Friday, December 26th, 2025 – Closed

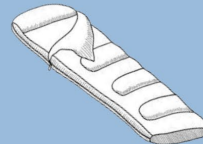
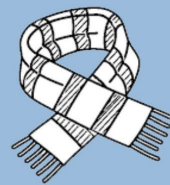
Thursday, January 1st, 2026 – Closed

Friday, January 2nd, 2026 – Open



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SAVE YOUR WINTER CLOTHING & BLANKETS



In November we will be collecting donations to help the unhoused in our communities.

Help us bring warmth and nourishment to those in need. Please save items such as winter clothing, blankets, hot packs, bottled water, and protein bars or drinks!

Stay tuned for drop off dates or how to schedule a pick up of items.



HOLIDAY PARTY

Bonaventure Support Services invites you to our
semi-formal event on

Thursday, December 4th

Doors open at 5:00pm

Dinner served at 6:00pm

Cavalotti Lodge
2060 E Wellington Road, Nanaimo

This invite is for you and one guest
Come celebrate with us!

There'll be a cash bar for those who'd like to toast the evening.

Need a safe ride home?
No problem – we've got you covered with a complimentary taxi.

RSVP Attendance by November 14th to
officemanager@bonaventuresupport.com



ADVOCATING FOR YOURSELF AROUND THE HOLIDAYS

WITH FATEMA

DEC 17 TH

1:00-2:00

SOUTHSIDE CI



Bonaventure Support Services Presents

BOTTLE DRIVE

**JANUARY 2ND
2026 10-2**



We are pleased to announce our annual Bottle Drive in support of our upcoming Fun Day. This event brings our community together to build connections and contribute to a shared cause.

DROP-OFF LOCATION



Bottle Depot
2375 Hayes Road

PICK UPS ARE AVAILABLE

Please contact
250-739-1304
Baylee Smith

For More Information : 250-739-1304 (Baylee Smith)

Baronsinclusion@bonaventuresupport.com

PARKSVILLE
INCLUSION



MIXER MONDAY

MONDAYS 1:00-4:00
JULY 14TH FIRST DAY BACK

ACTIVITIES - FUN - INCLUSIVE

CHECK REC CALANDER FOR
ACTIVITY FOR THE WEEK

CONTACT DEZIREE.T 250-927-8909



OLIVER WOODS



OPEN GYM
1:15-2:45
THURSDAYS



MEET US THERE!

THE 40 STOPS ON UPLANDS

**"UPLANDS- PRIMROSE"
OR**

"UPLANDS-EDGEWATER LANE"



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A huge THANK YOU to Linden Lenox from HME Home Health Nanaimo for their donations to our clothing drive, as well as some supplies for our medical homes!! <https://hmebc.com/hme-nanaimo/>





Accreditation Matters

Achieving accreditation shows the public and funders/regulators your commitment to continuously improve services, manage risk, and distinguish your service delivery.

These valuable benefits and unique advantages are the greatest return on your accreditation investment:

Assurance to persons seeking services and funding sources, referral agencies, and the community that a provider has demonstrated conformance to internationally accepted standards.

Person-focused standards that emphasize an integrated and individualized approach to services and outcomes.

Improved communication with persons served.

Evidence to federal, state, provincial, and local governments of commitment to quality of programs and services that receive government funding.

Management techniques that are efficient, cost-effective, and based on outcomes and consumer satisfaction.

Guidance for responsible management and professional growth of personnel.

Support from us through consultation, publications, training opportunities, and newsletters.

The value of accreditation goes beyond conformance.

Accreditation positively impacts your business and services in many ways. These benefits, combined with the strength of our internationally accepted standards and consultative peer-review model, are distinguishing factors that make CARF the accreditor of choice for health and human service providers.

Business improvement * Risk management * Funding/contract access * Positive visibility

Peer networking * Accountability * Insurance premium savings * eLearning support