



THE BONAVENTURE BUZZ

Empowering Potential, together!

Welcome to the July 2025 issue of the Bonaventure Buzz, our monthly newsletter that will highlight all the happenings within and around Bonaventure Support Services. This edition features a spotlight on our Strategic Planning Seminar, reminders of important dates coming up along with the Recreation Schedule and loads of other tidbits of information!

As always, we welcome your input on future editions of the Buzz including articles you've enjoyed, favorite recipes, personal milestones, and anything else you'd like to celebrate!

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Land Acknowledgement: "Bonaventure honors the rich heritage and traditions of the Coast Salish people, on whose lands we work, live, and play. We are committed to respecting and learning from the cultures that shape this land, as we strive to cultivate a community rooted in understanding and inclusivity."

From The Helm – Executive Director Christy Sudyko

Welcome to July! With Canada Day kicking things off, there's a renewed sense of pride in what it means to be Canadian—resilient, kind, and community-driven. The days are long, the weather's heating up, and iced drinks and BBQs are officially in season.

Strategic Planning Summary

Each year, our leadership and head office teams gather for our Annual Strategic Planning event—This year was June 25/26th: a time to reflect on the progress we've made and to set clear, purposeful goals for the year ahead.

As Henry Mintzberg once said, *“Strategy is not the consequence of planning, but the opposite: its starting point.”* This year's session reminded us that strategy begins with listening, learning, and aligning our actions with our values.

Day One: Focus on Person-Centered Planning

The first day of our strategic planning session centered around Person-Centered Planning (PCP). We began with a reflection on the history of the community living movement and the closure of institutions, emphasizing how far we have come. The discussion focused on what person-centered truly means and its importance in our work. The outcome goal was to create an outline for PCPs and provide guidance on how best to complete the 'My Plans' with a renewed perspective and a reset on goal development.

Day Two: Team Building and Strategic Review

Day two began with a powerful team-building activity titled 'The Big Picture'. Teams were divided and given blank canvases with some illustrations. Each group worked on their canvas, coordinating with others to match colors and lines, ultimately creating a larger, cohesive artwork. This exercise highlighted the importance of collaboration, recognizing individual strengths, and appreciating the collective outcome. Up close, flaws were visible, but stepping back revealed a beautiful, unified story across 12 canvases. Key takeaways included the value of teamwork, the purpose behind tasks, and the meaningful results of shared efforts.

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The Big Picture



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Strategic Review and Outcomes

The afternoon was dedicated to reviewing achievements from the past year, aligned with the 3-year strategic plan set in 2022. Key focus areas included building community partnerships, enhancing recruitment and retention, professional development for frontline staff and managers, leadership team growth, a refined focus on person-centered practices, and implementing a new payroll system.

Outcomes included new goals for agency committees focused on community engagement (e.g., bottle drives, clothes drives, beach cleanups), a revamped hiring process, and the creation of a Recruitment Coordinator position. The implementation of Payworks streamlined payroll operations.

Annual satisfaction surveys revealed concerns such as limited sick days and pressure to work while unwell. Solutions are under discussion, with a continued emphasis on mental health and self-care. Another concern was the lack of support from managers due to workload. Action plans include enhanced recognition, dedicated time for meaningful interactions, and manager training in conflict resolution and cultural sensitivity.

Communication was also a recurring theme. Some employees felt uninformed about decisions. To address this, managers will share updates via the communication log, including rationale and implementation plans. We remain committed to supporting all employees and fostering an open, responsive environment.

We move forward with a renewed sense of direction and a shared commitment to meaningful, person-centered progress—Empowering Potential, Together.

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Recreation Program

Check out what your Recreation Program has planned for you this month!

Any questions, please contact Becca via email

recreation@bonaventuresupport.com

Recreation Coordinator













Rebecca Rodway

778-326-0425

recreation@bonaventuresupport.com

July

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Neighbourhood Clean up Southside CI 12-2 	2 Sing and Sign 11-12	3 Fitness Friday 1-3 	4	5
6	7	8 Swimming at westwood 12-2 	9 Sing and Sign 11-12	10 Fun Day 10-2 	11	12
13 Monday Mixer Parksville CI Please Contact Chealsea 250-327-3749 1-4 	14	15 Neck point walk Fairy door put up 12-2 	16 Sing and Sign 11-12	17 Mini Golf Riverside 12-3 	18	19
20 Monday Mixer Parksville CI Please Contact Chealsea 250-327-3749 1-4 	21	22 Bus day Nanaimo north town center Prime Golf 	23 Sing and Sign 11-12	24 Nutritionist Vist 1-2:30 	25	26
27 Monday Mixer Parksville CI Please Contact Chealsea 250-327-3749 1-4 	28	29 Self Advocacy Kitchen Safety 1-2 	30 Sing and Sign 11-12	31		

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Important Dates to Remember

Nanaimo Silly Boat Regatta

Join the Nanaimo CDC at Maffeo Sutton Park Sunday, July 20th for the silliest, wackiest, most entertaining event on the water!

<https://sillyboat.com/>

STAT HOLIDAYS

Monday, August 4th – BC Day

Monday, September 1st – Labour Day

Tuesday, September 30th – National Truth and Reconciliation Day

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Canadian Facts

Canada Day is celebrated every July 1st. Canada became a country in 1867 — originally called Dominion Day.

🌍 We're the 2nd largest country in the world, stretching 7,560 km from coast to coast.

🚗 The Trans-Canada Highway runs 7,821 km, from Victoria, BC to Labrador.

👤 Despite our size, Canada has just 35.5 million people — only 0.5% of the world's population.

🏔️ Nature's Playground: From deserts to rainforests, glaciers to beaches — BC alone has it all! In some places, you can ski and golf on the same day.

❄️ Winters can be freezing, and prairie summers are hot!

🗺️ John Cabot was first to map the east coast.

🌍 We're a diverse nation — home to Indigenous Peoples, and later, settlers from Britain, France, Europe, and Asia.

🇨🇦 "Canada" comes from "Kanata", a St. Lawrence Iroquoian word for village — explorer Jacques Cartier thought it meant the whole land.

🌊 We have over 202,000 km of coastline — it would take 4.5 years to walk it!

🏀 Basketball was invented in Canada in 1891 by James Naismith.

🏑 Our official sport? Lacrosse! (But let's be honest, we're obsessed with hockey 🏒)

🍁 Canada produces 85% of the world's maple syrup.

🦌 Home to over 1 million moose — the most in the world!

👴 Santa Claus lives here — Postal Code: H0H1 O1H0!

PARKSVILLE
INCLUSION

MIXER MONDAY

MONDAYS 1:00-4:00
JULY 14TH FIRST DAY BACK

ACTIVITIES - FUN - INCLUSIVE

CHECK REC CALANDER FOR
ACTIVITY FOR THE WEEK

CONTACT DEZIREE.T 250-927-8909

A JOINT COLLABORATION BETWEEN
SUPPORT AGENCIES

FUN DAY

AT MCGIRR SPORTS FIELD
6175 MCGIRR RD V9VOA6

Private event.
Individuals to be
accompanied
with support
worker. Free hot
dogs & paid
concession

FRIDAY, JULY 11TH
10:00AM – 2:00PM

Event Highlights

EXCITING GAMES & ACTIVITIES
FOOD & REFRESHMENTS
DUNK TANK & CAGED ATHLETICS
WATER GUN FIGHT & MORE

Join Us for a
Spectacular
Day Filled
With fun!



PLEASE RSVP BY JULY 1 TO
BARONSINCLUSION@BONAVENTURESUPPORT.COM

JOIN THE

CREW

@



SING AND SIGN



Barons Community inclusion

3148 Barons Rd

Bonaventure Self advocacy

Kitchen Safety

with Fatema

Knife Safety, Food prep safety, Percussions in the kitchen
How to keep yourself safe in the kitchen

JULY 30TH 2025

BARONS INCLUSION KITCHEN

3148 BARONS RD



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Community Connections

Nanaimo Timbermen Home Games

Senior A Timbermen

At Frank Crane Arena

Sat July 5 5pm vs Burnaby Lakers
Sun July 6 7pm vs Langley Thunder
Sun July 13 7pm vs Maple Ridge Burrards
Sun July 20 7pm vs Burnaby Lakers

Senior B Timbermen

At Nanaimo Ice Centre

Sat July 5 2pm vs Coquitlam Bandits
Wed July 9 730pm vs Victoria Shamrocks



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Accreditation Matters

Achieving accreditation shows the public and funders/regulators your commitment to continuously improve services, manage risk, and distinguish your service delivery.

These valuable benefits and unique advantages are the greatest return on your accreditation investment:

Assurance to persons seeking services and funding sources, referral agencies, and the community that a provider has demonstrated conformance to internationally accepted standards.

Person-focused standards that emphasize an integrated and individualized approach to services and outcomes.

Improved communication with persons served.

Evidence to federal, state, provincial, and local governments of commitment to quality of programs and services that receive government funding.

Management techniques that are efficient, cost-effective, and based on outcomes and consumer satisfaction.

Guidance for responsible management and professional growth of personnel.

Support from us through consultation, publications, training opportunities, and newsletters.

The value of accreditation goes beyond conformance.

Accreditation positively impacts your business and services in many ways. These benefits, combined with the strength of our internationally accepted standards and consultative peer-review model, are distinguishing factors that make CARF the accreditor of choice for health and human service providers.

Business improvement * Risk management * Funding/contract access * Positive visibility

Peer networking * Accountability * Insurance premium savings * eLearning support