



# THE BONAVENTURE BUZZ

## **Empowering Potential, together!**

Welcome to the Buzz for April 2026! This issue of the Bonaventure Buzz, our monthly newsletter, will highlight all the happenings within and around Bonaventure Support Services. This edition features many upcoming events, the April Art Program schedule, and reminders of important dates coming up along with the Recreation Schedule plus loads of other tidbits of information!

As always, we welcome your input on future editions of the Buzz including articles you've enjoyed, favorite recipes, personal milestones, and anything else you'd like to celebrate!

# BONAVENTURE

*Land Acknowledgement: "Bonaventure honors the rich heritage and traditions of the Coast Salish people, on whose lands we work, live, and play. We are committed to respecting and learning from the cultures that shape this land, as we strive to cultivate a community rooted in understanding and inclusivity."*

## From The Helm – Executive Director Christy Sudyko

### A Note to Our Team

I've been spending some time reflecting on our work, our culture, and the many perspectives that exist across Bonaventure. With a team of more than 170 employees, it's natural that we won't always see things the same way — and that diversity of thought is a strength, even when it's challenging.

The work we do is emotionally demanding, and each role within BSS carries different responsibilities and pressures. Appreciating one another's work takes humility and the understanding that most people are doing their best.

Leadership is a continual learning process. We don't claim to be perfect, but we are always learning, reflecting, and adjusting. What has never changed is our intention: we care deeply about the people we support, and the people who work here.

As a government-funded organization, we operate within clear accountability and spending guidelines. These realities shape many decisions and at times, decisions may appear operational, or task focused, but is part of our responsibility to ensuring we meet these obligations so we can continue providing services to the individuals and families who rely on us.

Over the years, we've also worked to recognize and support our teams in meaningful ways. Not every initiative will resonate with everyone — and that's okay. Feedback is most meaningful when it's thoughtful, respectful, and focused on solutions, and we value hearing ideas about how we can continue to grow.

Culture isn't shaped by leadership alone. Strong organizations are built through collective responsibility and mutual respect. Gratitude and appreciation aren't only expressed through financial recognition — they're also reflected in how we treat one another, how we acknowledge effort, and how we contribute to a supportive environment for our teams. Each of us plays a role in shaping the culture we experience every day.

We remain deeply grateful for the dedication, resilience, and care our employees bring to this work. Thank you for what you do and for the difference you make every day.

With gratitude,

Christy and Trina

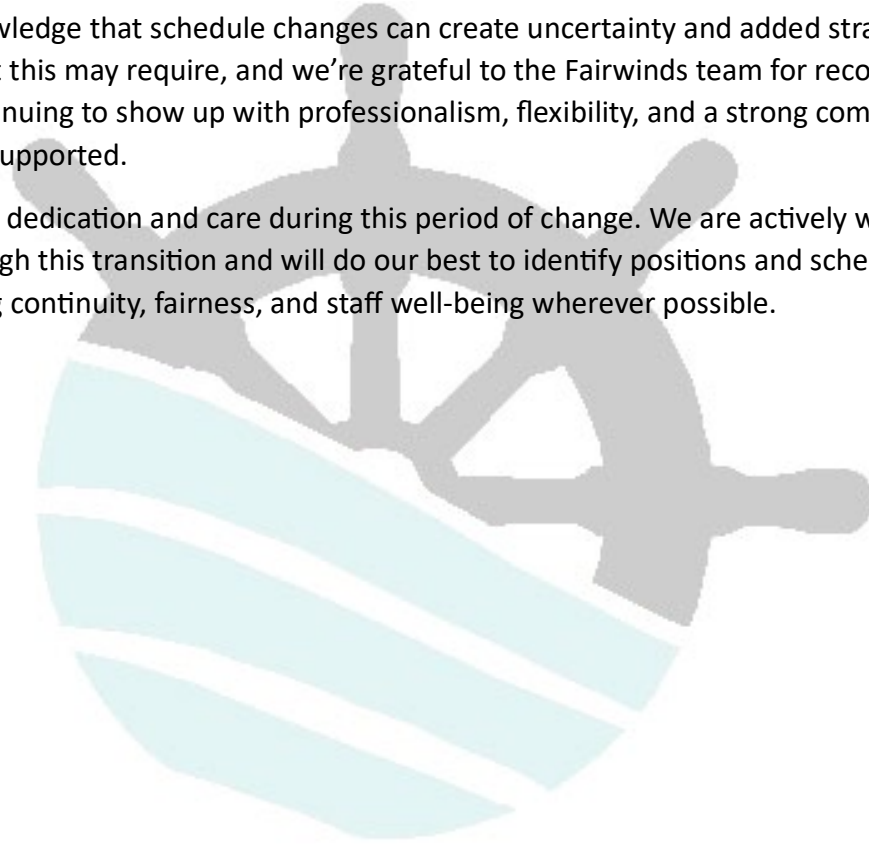
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## Fairwinds Operational Update

As many of you know, Fairwinds is moving toward becoming a licensed facility. As part of this transition — and to align with Licensing requirements and the upcoming SHSS contract model — we've needed to make some adjustments to our scheduling approach.

We want to acknowledge that schedule changes can create uncertainty and added strain. We see the extra effort this may require, and we're grateful to the Fairwinds team for recognizing this early and continuing to show up with professionalism, flexibility, and a strong commitment to the individuals supported.

Thank you for your dedication and care during this period of change. We are actively working to support staff through this transition and will do our best to identify positions and schedules that work — prioritizing continuity, fairness, and staff well-being wherever possible.



**BONAVENTURE**  
SUPPORT SERVICES

# THE BONAVENTURE BUZZ

## Recreation Program

Check out what your Recreation Program has planned for you this month!

Any questions, please contact Becca via email

[recreation@bonaventuresupport.com](mailto:recreation@bonaventuresupport.com)

SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
				Batting cages 1-2  	1	2	3	4
5	Wii Bowling tournament With Prizes 	PVCI 6 	Easter Egg Hunt 11-2 Foster Park	Bus to Beban Driving Range 1-3 	8	9	10	11
12	Mini golf Riptide 1-4 	13	14	Cooking club 12:00-2:00 Fruit salad and protein pancakes 	15	16	17	18
19	Walk at Moorecroft 1-4 	20	21	Self Advocacy Earth Day Neighbourhood clean up 1-3 	22	23	24	25
26	Board Game Day PVCI 1-4 	27	28	Wellness Wednesday Richards Marsh walk 1-3	29	30		

Sing and sign  
Every Friday  
11:30-12:30

2026

### Important Dates to Remember

#### STAT HOLIDAYS

Friday, April 3<sup>rd</sup>, 2026 – Good Friday

Monday, May 18<sup>th</sup>, 2026 – Victoria Day

## Art Program

**APRIL 2025**

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

1	2	3	4
5	6	7	8
9	10	11	12
13	14	15	16
17	18	19	20
21	22	23	24
25	26	27	28
29	30		

10:00 AM - 11:30 PM

3148 - 8 Barons Rd, Nanaimo - BC  
Bonaventure community inclusion - southside

For any questions please Contact -  
Brittney & Becca  
recreation@bonaventuresupport.com

1 Easter Sun Catchers

8 DIY Stress Balls

15 Trinket Boxes

22 Wild and Free

29 Painted ceramic mugs for Mothers day

BONAVENTURE  
SUPPORT SERVICES

# THE BONAVENTURE BUZZ

## APRIL 2026

### ART PROGRAM DESCRIPTION

🕒 10:00 AM - 11:30 PM

📍 3148 - B Barons Rd, Nanaimo - BC  
Bonaventure community inclusion - southside

👤 For any questions please Contact -  
Brittney & Becca  
recreation@bonaventuresupport.com

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#### Easter Sun Catchers



This week in Art we are making our own Easter-themed sun catchers! Participants will use colorful beads to create bright spring designs that melt together in the oven. Once finished, the sun catchers can be hung in a window where the light shines through the colors. It's a fun and creative way to celebrate the season and make something cheerful to take home!

#### DIY Stress Balls

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This week in Art we are making our own stress balls using Orbeez! Participants will fill their own stress balls with colorful Orbeez, creating a fun, squishy sensory toy. This hands-on project is a great way to get creative while making something relaxing and enjoyable to use. We can't wait to see all the colorful stress balls everyone makes!



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#### Trinket Boxes



This week in Art we are decorating little wooden trinket boxes! Participants will paint, decorate, and personalize their own small wooden boxes using a variety of colors and designs. These trinket boxes are perfect for holding jewelry, small treasures, or keepsakes. We can't wait to see all the creative designs everyone comes up with!

#### Wild and Free

22

Come and explore your creative side with Wild & Free Wednesday. Individuals are welcome to expand their creativity in a space that promotes artistic freedom. Come and create without boundaries while exploring multiple mediums, techniques, and styles. It's a great opportunity to experiment, express yourself, and let your imagination lead the way!



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#### Painted ceramic mugs for Mothers day



This week in Art we are decorating ceramic mugs for Mother's Day! Participants will paint and personalize their own ceramic mugs, creating a thoughtful and handmade gift for someone special. With lots of colors and design ideas to choose from, everyone can make a unique mug filled with creativity and care.



**7 APRIL  
2026**

**TIME: 11:00-2:00**

**FOSTER PARK, SANDERSON  
RD PARKSVILLE**

**JOIN US FOR HOT DOGS AND FACE PAINT**

**EMAIL TO RSVP:  
PARKSVILLEINCLUSION@BONAVENTURESUP  
PORT.COM**





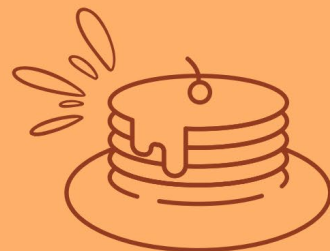
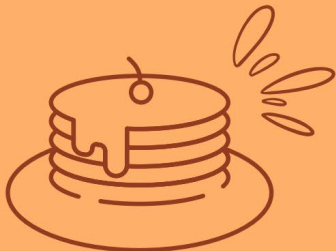
# JOIN US FOR PANCAKE DAY



PANCAKES AND FRUIT SALAD



APRIL 15<sup>TH</sup> 2026  
12:00-3:00



HAPPY  
***EARTH DAY***

APRIL 22<sup>ND</sup> 2026

Join the Rec and Self Advocacy group as we learn how to advocate for our environment and participate in a neighbourhood clean-up

1-3





**DROP-IN FLOOR  
HOCKEY FOR  
INDIVIDUALS  
WITH DIVERSE  
ABILITIES** (18 YEARS +)

**Every Monday starting February 23, 2026**

Cowichan Community Centre  
2687 James St, Duncan from 1:00 - 2:30

**All the equipment is provided and it's FREE to play**  
Participants of all levels and abilities welcome!

FOR QUESTIONS, CONTACT PETER: 250-812-8860 OR PETER.BUITENDYK@GOV.BC.CA.



JOIN THE

# CREW

@



SING AND SIGN

Now Friday  
Mornings  
11:30-12:30



Barons Community inclusion

3148 Barons Rd

# OLIVER WOODS



**OPEN GYM  
1:15-2:45  
THURSDAYS**



**MEET US THERE!**

**THE 40 STOPS ON UPLANDS**

**"UPLANDS- PRIMROSE"  
OR**

**"UPLANDS-EDGEWATER LANE"**



# CHALLENGER BASEBALL

Thursdays, May 7<sup>th</sup> - June 25<sup>th</sup>

➤ WHERE: **BOWEN WEST FIELD, NANAIMO**

➤ TIME: 4:45pm - 6:00pm **FREE!**



**A FUN, INCLUSIVE BASEBALL PROGRAM FOR KIDS WITH  
PHYSICAL & COGNITIVE DISABILITIES! ALL AGES & ABILITIES!  
NO EXPERIENCE NEEDED!**

**REGISTER NOW! [WWW.CAGEDATHLETICS.COM](http://WWW.CAGEDATHLETICS.COM)**



## Accreditation Matters

Achieving accreditation shows the public and funders/regulators your commitment to continuously improve services, manage risk, and distinguish your service delivery.

These valuable benefits and unique advantages are the greatest return on your accreditation investment:

**Assurance to persons seeking services and funding sources, referral agencies, and the community that a provider has demonstrated conformance to internationally accepted standards.**

**Person-focused standards that emphasize an integrated and individualized approach to services and outcomes.**

**Improved communication with persons served.**

**Evidence to federal, state, provincial, and local governments of commitment to quality of programs and services that receive government funding.**

**Management techniques that are efficient, cost-effective, and based on outcomes and consumer satisfaction.**

**Guidance for responsible management and professional growth of personnel.**

**Support from us through consultation, publications, training opportunities, and newsletters.**

**The value of accreditation goes beyond conformance.**

Accreditation positively impacts your business and services in many ways. These benefits, combined with the strength of our internationally accepted standards and consultative peer-review model, are distinguishing factors that make CARF the accreditor of choice for health and human service providers.

**Business improvement \* Risk management \* Funding/contract access \* Positive visibility**

**Peer networking \* Accountability \* Insurance premium savings \* eLearning support**